# The State of Healthcare in a Changing Church 

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## Topical Overview

- The Context for Change
- Considered Alternatives and Resulting Options
- The Impact of Healthcare Reform
- The Importance of Health


## The Context for Change: The Larger World in Which We Live

## Cost is the Challenge

## The Context for Change: The Larger World in Which We Live

- Healthcare Spending
- Amount: $\$ 2.8$ trillion in 2013; $18 \%$ of GNP
- Pace: > inflation; > growth in national income
- Drivers: Technology; Prescription Drugs; Rise in Chronic Disease; Administrative Costs
- Payers: Medicare, Medicaid, Private Plans, Individuals


## The Context for Change: The Larger World in Which We Live

- Large Employer Trends
- Cost Shifting: Premium and Point-of-Service Cost Sharing
- Cost Management: Incentives and Penalties
- Provider Management: High Performance Networks; Reference-based Pricing ... all about Value

The Context for Change: The Smaller
World in Which We Live
Cost is still the Challenge

## Church Plan Benchmarks

## Church Plans

| Plan | Approximate <br> Annual Cost | Cost sharing <br> policy/practice |
| :--- | :--- | :--- |
| Lutheran <br> Church, | $\$ 8,688 / \mathrm{M}$ | Each employer is <br> responsible for at least |
| Missouri | $\$ 14,496 / \mathrm{M}+\mathrm{C}$ | $50 \%$ of member cost; <br> may share none, some <br> Synod <br> or all of remainder of <br> member + dependent <br> cost |
| LCMS) | $\$ 17,472 / \mathrm{M}+\mathrm{P}$ | $\$ 23,220 / \mathrm{M}+\mathrm{F}$ |
|  |  |  |

## Church Plans

| Plan | Approximate Monthly <br> Cost | Cost sharing <br> policy/practice |
| :--- | :--- | :--- |
| Evangelical <br> Lutheran <br> Church of | 6 rate classes | Church <br> responsible for <br> dues but opt-out |
| America <br> (ELCA) | $21.6 \%-14.9 \% / \mathrm{M}$ | permitted at all |
|  | $30.8 \%-37.4 \% / \mathrm{M}+\mathrm{F}$ |  |
| levels. |  |  |

## Church Plans

| Plan | Approximate <br> Annual Cost | Cost sharing <br> policy/practice |
| :--- | :--- | :--- |
| Evangelical <br> Covenant <br> Order <br> (ECO) | $\$ 8,412 / M$ | Church responsible for <br> $100 \%$ of member only <br> cost; may share none, <br> some or ALL of <br> dependent coverage <br> cost |
|  | $\$ 15,996 / M+$ C |  |
|  | $\$ 25,248 / M+F$ |  |

## The Context for Change：The Smaller World in Which We Live

－Key Statistics
－Demographics
－Utilization
－Financials

Facts about Member
Demographics and Church Size

## Covered Population Demographics

- Members participating in Traditional Medical Plan as a result of their employment with a church or employing organization
- Approximately 12,100
- $65 \%$ are Teaching Elders
- $35 \%$ are Lay employees


## Participation at Minimum

- $15 \%(1,178)$ of Teaching Elders participate at the 2013 minimum of $\$ 40,000$
- $59 \%(2,441)$ of Lay members participate at the 2013 minimum
- $30 \%(3,619)$ of all members participate at the 2013 minimum


## Participation at Maximum

- 1.7\% (137) of Teaching Elders participate at the 2013 maximum of $\$ 124,000$
- $1.2 \%$ (52) of Lay members participate at the 2013 maximum
- $1.5 \%$ (189) of all members participate at 2013 maximum


## Population by Salary



## Participation by Family Configuration

- $16 \%$ at Member Only
- $5 \%$ at Member + Children
- $33 \%$ at Member + Covered Partner
- $46 \%$ at Member + Family


## Family Configuration by Salary



## Population by Age



## Member Age by Salary



## Family Configuration by Member Age



## Churches and Employing Organizations

- The Board bills over 6,600 churches and employing organizations with Traditional members every month
- $76 \%$ (5019) have an individual member
- $23 \%$ (1530) have 2 to 10 members
- $1 \%(79)$ have more than 10 members


## Facts About Cost \& Utilization

## Age: A factor but not the whole story



## Teaching Elder vs. Lay: A factor but not the whole story



## Dependent Status: A factor but not the whole story

- $53 \%$ of total claims paid for Members
- $47 \%$ of total claims paid for Dependents
- Maximum variation of $1.4 \%$ over last 36 months


## High-Cost Claimants

- Consistently the single largest contributor to trend
- $1 \%$ of claimants responsible for $30 \%$ of expense
- Indiscriminate with regard to age, gender, and income


## Average Costs per Active Member

- The average cost per Active Member (in the Traditional Plan) per year is $\$ 12,000$
- Individual Member: \$7,200
- Members With One or More Dependents: $\$ 13,000$


## Relationship Between Dues and Cost

- The Value of Community Nature
- Minimum Dues

$$
\$ 8,400=70 \% \text { of } \$ 12,000 \text { Average Cost }
$$

- Maximum Dues

$$
\$ 26,000=217 \% \text { of } \$ 12,000 \text { Average Cost }
$$

## Financial Forecasts An Art and A Science

## Current Milliman Projections (in $\$ 1,000 \mathrm{~s}$ )

|  | 2012 | 2013 |
| :--- | :--- | :--- |
| Total Revenue | $\$ 171,507$ | $\$ 176,153$ |
| Total Expenses | $\$ 173,891$ | $\$ 182,517$ |
| Net Income | $\$(2,384)$ | $\$(6,364)$ |
| Fund Balance | $\$ 66,313$ | $\$ 60,110$ |
| $($ Reserve $)$ | $(38.1 \%)$ | $(32.9 \%)$ |

## Current Milliman Projections (in $\$ 1,000$ s)

|  | 2014 | 2015 |
| :--- | :---: | :---: |
| Total Revenue | $\$ 170,984$ | $\$ 169,553$ |
| Total Expenses | $\$ 189,271$ | $\$ 196,154$ |
| Net Income | $\$(18,287)$ | $\$(26,601)$ |
| Fund Balance <br> (Reserve) | $\$ 39,700$ <br> $(21 \%)$ | $\$ 11,978$ <br> $(6 \%)$ |

# Considered Alternatives and .... <br> <br> Resulting Options 

 <br> <br> Resulting Options}

## Expense Shifting Alternatives

- Double Office Copays
- Increase Plan Copayment by 50\%
- Increase Deductibles by 60\%
- Increase Copayment Maximum by $40 \%$
- Add Emergency Room Copay (per visit)
- Double Rx Plan Copays

GRAND TOTAL = \$13.7 Mil

## Revenue Raising Options: Underlying Assumptions

- Minimum Salary: Increased to \$42,000 in 2014 and to \$44,000 in 2015
- Target Fund Balance (Reserve): remains at 20\%-33\% (2 1 12-4 months of estimated claims)
- "Call to Health": Initiate a model designed to improve member health in 2014


## OPTION A

| Action | 2014 Dues | 2015 Dues |
| :--- | :---: | :---: |
| Maintain Current <br> Dues Model | $23 \%$ effective <br> salary | $24.3 \%$ effective <br> salary |

## OPTION B

| Action | 2014 Dues (Annual) | 2015 Dues (Annual) |
| :---: | :---: | :---: |
| Maintain Dues at 21\% for Member only; Introduce Dependent Coverage Tiers at flat amounts | Member: 21\% <br> + Child(ren) = \$534 <br> + Partner = \$664 <br> + Family = <br> \$1,165 | Member: 22\% <br> (Flat dollar amounts TBD) |
| ${ }^{37}$ |  |  |

## OPTION C

| Action | 2014 Dues | 2015 Dues |  |
| :--- | :--- | :--- | :--- |
| Set Dues at \% of <br> effective salary | Dues w/ <br> Dependents $=$ <br> and a lesser \% for <br> member only <br> coverage | Dues w/ <br> 23\% <br> Dues w/o <br> Dependents $=$ <br> Dependents $=$ <br> $21 \%$ | Dues w/o <br> Dependents $=$ <br> $22 \%$ |

## OPTION C

- Maximum Member Contribution Towards Family Coverage (2014)

|  | Minimum <br> $(\$ 42,000)$ | Median <br> $(\$ 54,000)$ | Maximum <br> $(\$ 124,000)$ |
| :--- | :--- | :--- | :--- |
| Annually | $\$ 840$ | $\$ 1,080$ | $\$ 2,480$ |
| Monthly | $\$ 70$ | $\$ 90$ | $\$ 207$ |

## Comparative View of Options

|  | Community <br> Nature | Flexibility | Member <br> Responsibility <br> \& Awareness |  <br> Member <br> Service <br> Advocacy |
| :--- | :--- | :--- | :--- | :--- |
| Option A <br> (23\%) |  |  |  |  |
| Option B <br> (21\% + flat <br> premium by <br> tier |  |  |  |  |
| Option C |  |  |  |  |
| $23 \% / 21 \%$ |  |  |  |  |

## The Impact of Healthcare Reform

## Cost is still the Challenge

## Healthcare Reform: A Look Back

- Primary Objectives
- Address Access and Affordability
- Reduce the Number of Uninsured Americans
- Early Challenges
- Political
- Judicial


## Healthcare Reform: Direct Impact

- Expanded Coverage: Adult Children; Lifetime Maximums; Preventive Care
- Communication: Summary of Benefits and Coverage; Notice of Exchange Coverage

Healthcare Reform: Direct Impact

- Government "Subsidy": Early Retiree Reinsurance Program; Medicare Part D; Small Employer Tax Credit
- Assessed Fees: Patient-Centered Outcomes Research; Transitional Reinsurance


## Healthcare Reform: Potential Impact

- Nondiscrimination Rules
- Payment Reforms
- Exchanges (Marketplaces): Public and Private


## The Importance of Health

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\begin{gathered}
\text { Cost is not the Enly } \\
\text { Challenge }
\end{gathered}
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## Call to Health: To Care and To Take Care

- You Are "Called" To Be
- Conscious
- Accountable
- Responsible
- Engaged


## OUR COMMITMENT

- Three Strategic Objectives
- Provide quality coverage that offers real financial protection when it's needed
- Support Community Nature, balancing the needs of ALL members
- Ensure the Plan's financial solvency by maintaining adequate reserves

