

# Rachel Joy Adams

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My name is Rachel Joy Adams and I am from Atlanta, Georgia. I will graduate from Lipscomb University with my Bachelor of Social Work in May 2019. I grew up in a family committed to serving the community and in a church that taught me about people's struggles and hopes in circumstances very different than my own, through partnering in missions around the world. My education and social work experiences have deepened my theological basis for social work and missional service. I have observed strengths and resilience when working with individuals with disabilities, refugees, incarcerated populations and vulnerable families. I cannot wait to meet my Peruvian host family, partner with the Peru Joining Hands Network and begin experiencing a new culture, values and rhythm of life. Please be praying for me as I work on improving my Spanish skills and transitioning into a diverse community. Working alongside and living with others is a beautiful and messy process, as we take on each others' burdens and joys; I look forward to experiencing this throughout my journey in Peru.

Matthew 11:28-30

“Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy and my burden is light.”