



## Volunteering and Other Topics The February 2008 Survey

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### ***What Is the Presbyterian Panel?***

The Presbyterian Panel consists of three nationally representative samples of groups affiliated with the Presbyterian Church (U.S.A.): members, elders (lay leaders) currently on session, and ordained ministers. (The session is the governing body in Presbyterian congregations.) For analysis, ministers are split into two groups based on current call: *pastors*, serving congregations, and *specialized clergy*, serving elsewhere. New samples are drawn every three years. Panel surveys are conducted quarterly, primarily by mail, but with an online completion option.

For more information on methods used to draw the samples, see the technical appendix in the *Background Report for the 2006-2008 Presbyterian Panel* (see next page for Web availability and ordering information).

The Panel is maintained and directed by the office of Research Services of the Presbyterian Church (U.S.A.). The first Panel was created in 1973 to provide a means for informing leaders of the opinions and activities of the rank and file across the church. Survey topics and questions are usually developed at the request of, and in consultation with, staff or elected members of national church entities. However, ultimate decisions on content of Panel surveys and the disposition of Panel data are those of Research Services. Standards developed by the American Association of Public Opinion Research guide Panel surveys.

### ***Current Survey***

The current survey is the eighth completed by the 2006-2008 Panel. Questionnaires were distributed in the first week of March 2007. Most panelists received a copy by U.S. mail, but a subset (estimated<sup>1</sup> at  $n = 501$ , or 17%) who had signed up for the service was notified via email. Those who received email invitations and had not yet responded were sent an email reminder on March 11. All non-respondents, including those initially sent the email invitation and reminder, were sent a postcard reminder on March 27. Returns were accepted through early May 2008. Response rates for this survey are: members, 48%; elders, 52%; ministers, 49%. All panelists could complete the survey on the Web, and the percentages of respondents who did so are: members, 17%; elders, 14%; pastors, 25%; specialized clergy, 23%.

### ***Sponsor and Topic***

This survey was sponsored by National Health Ministries of the General Assembly Council (now the General Assembly Mission Council), Presbyterian Church (U.S.A.), a program that was eliminated in March 2009.

### ***This Report***

The first half of this report uses text and graphics to summarize and explicate findings. A data appendix follows with comparative tables that display the percentage distribution of responses to every question for each of the four Panel groups. Results are subject to sampling and other errors. In general, differences of less than 8% are not statistically meaningful.

### ***A Note on Terminology***

In this report, the term *median* refers to the middle number in an ordered distribution. For example, the median age for a group of people aged 12, 21, 28, 35, and 64 years would be 28 years. The term *mean* refers to the arithmetic average of values in a distribution; in the example, the mean age would be calculated as  $(12+21+28+35+64)/5$ , or 32 years.

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<sup>1</sup> Because of recording errors, outgoing numbers had to be estimated by interpolation using numbers for the November 2007 and May 2008 surveys. The true values are highly likely to be within  $\pm 5$  of the estimates reported.

### **Suggested Citation**

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### **Author Note**

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### **Additional Copies**

Additional copies of this *Report* may be purchased for \$10 from Presbyterian Distribution Services (PDS)—call 800-524-2612 and request item #02056-08298. This *Report* is also available on the Web for free download in Adobe Acrobat format; go to [www.pcusa.org/research/panel/index.htm#2008](http://www.pcusa.org/research/panel/index.htm#2008) and click on the appropriate link. Copies of a four-page *Summary* of results are available for \$2 each directly from Research Services, or for free download from the same Web site. Call for information on quantity discounts on printed copies of either this *Report* or its *Summary* (888-728-7228 ext. 2040).

### **Other Reports**

Results from the initial survey of the 2006-2008 Presbyterian Panel provide basic demographic and other background information on the individuals who make up this Panel. These results are found in the *Background Report for the 2006-2008 Presbyterian Panel* (item #65100-05290), which may be purchased for \$10 from Presbyterian Distribution Services (PDS)—call 800-524-2612. It is also available for free download in Adobe Acrobat format on the Web (go to [www.pcusa.org/research/panel](http://www.pcusa.org/research/panel)).

### **Panel on the Web**

A list of *Summaries* and *Reports* for all Panel surveys since 1994 is available on-line at the Presbyterian Church (U.S.A.) Web site: [www.pcusa.org/research/panel/index](http://www.pcusa.org/research/panel/index). A catalogue of all surveys since the first Panel was created in 1973 is available here: [www.pcusa.org/research/panel/catalog.htm](http://www.pcusa.org/research/panel/catalog.htm).

### **Interested in Learning More about Your Congregation or Presbytery?**

- ✓ **10-Year Trend Reports for Congregations and for Presbyteries**—available for free: [www.pcusa.org/tenyeartrends](http://www.pcusa.org/tenyeartrends).
- ✓ **Neighborhood Demographic Report**—provides a quick look at the people who live in the area around your church or another location; available for free: [www.pcusa.org/research/demographics](http://www.pcusa.org/research/demographics).
- ✓ Research Services can help you conduct a congregational survey to learn more about your worshipers and identify your congregation's strengths. Call 1-888-728-7228 ext. 2040 and ask about the *U.S. Congregational Life Survey* or visit: [www.USCongregations.org](http://www.USCongregations.org).

## HIGHLIGHTS

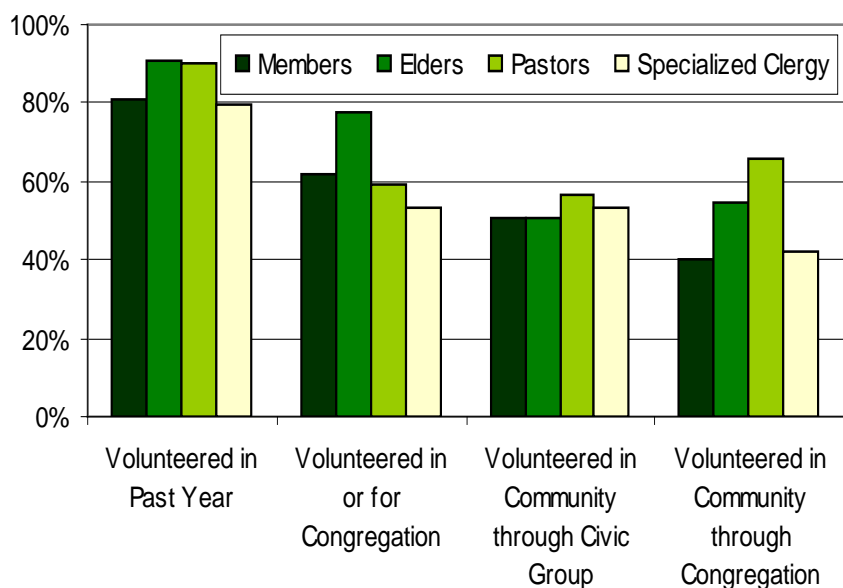
- ✓ Majorities of 80% or more report volunteering in their congregation or community in the prior year. (p. 1)
- ✓ Among volunteers, around a third of members and elders and half of ministers report serving as leaders in volunteer work in their community. (p. 1)
- ✓ On average, of 19 options, panelists most prefer volunteering that involves: a cause they are passionate about; helping someone with whom they are connected; helping people who are working to improve their own lot; using their professional skills; and working in their own community. (p. 2)
- ✓ Panelists feel younger than their chronological age by an average of around 10 years. (p. 3)
- ✓ Elders on average believe middle age begins between 50 and 54 years of age; old age, between 70 and 74; and very old age, between 85 and 89. (p. 3)
- ✓ Of six aging-related concerns, panelists are most worried about healthcare availability and cost, and the least worried about the end of life. (p. 3)
- ✓ Opinions on 18 aging-related issues indicate acceptance of some but rejection of other aging stereotypes, and with very few exceptions these opinions do not vary by the ages of respondents. (p. 4)
- ✓ Majorities in every group rate several statements (from a list of 21) as more true than false, including “my beliefs help me feel compassion/love for others”; “I have a responsibility to help others”; “my faith involves all aspects of my life”; and “in my life I experience the presence of the divine.” (p. 5)
- ✓ Around two in three panelists report getting “strong support” from their family support network, and almost all others report getting “adequate support.” Fewer, but still large majorities, report receiving “strong” or “adequate” support from their neighborhood and workplace support networks. (p. 6)
- ✓ Large majorities (86% or more) report hearing from or seeing other people in their congregation outside of worship or other church events in a typical month. (p. 6)
- ✓ Around half or small majorities of panelists feel comfortable talking about private matters with three or more people in their congregations, but fewer report that others in their congregation come to talk to them when they have important decisions to make. (pp. 6-7)
- ✓ Majorities see as more true than false five statements about their lives: “I have made plans for things I will be doing in a month or a year from now”; “as I look back on my life, I am fairly well satisfied”; “I expect positive things to happen to me in the future”; “the things I do are as interesting to me as ever”; and “compared to other people my age, I look good.” (p. 7)
- ✓ Most panelists believe they have considerable control over their own fate and over their own health. (p. 8)
- ✓ On average, few panelists believe that “other people’s opinions and expectations” have much influence on their own healthcare, self-confidence, enthusiasm for the future, ability to live independently, and decision-making ability. (p. 8)
- ✓ Large majorities (83% or more) report they “always practice safe driving habits”; “have always been an active person”; “eat a healthy diet”; and “see my physician regularly for checkups and tests.” (p. 9)
- ✓ Around three in four panelists live with a spouse or partner, and almost all of the rest live alone. (p. 10)
- ✓ Almost half of members and elders are retired, and nine in ten of these live in their own homes. Among the employed laity, relatively few plan to retire in the next 10 years, though a third of pastors do. (p. 10)

# VOLUNTEERING

## Who Volunteers and Where

- ✓ Large majorities report volunteering in their congregation or community over the prior year: members, 81%; elders, 91%; pastors, 90%; specialized clergy, 80%.
- ✓ Majorities of volunteers report having done volunteer work in each of these contexts in the previous year:
  - In their congregation (members, 82%; elders, 92%; pastors, 74%; specialized clergy, 73%).
  - In their community through a civic organization (67%; 59%; 66%; 69%).
  - In their community through their congregation (54%; 64%; 78%; 57%).
- ✓ Figure 1 shows the same results, but with percentages based on all panelists, not just those who had volunteered.
- ✓ Among volunteers, the median number of hours spent volunteering in a typical month, by category, is:
  - In their congregation: members, 5; elders, 8; pastors, 5; specialized clergy, 6.
  - In their community through a civic organization: 6; 6; 5; 5.
  - In their community through the congregation: 3; 4; 4; 4.
- ✓ Of those who did some volunteering in the prior year, minorities report having been part of a group from their congregation or presbytery involved in a national or international project, such as (but not limited to) disaster relief: members, 20%; elders, 24%; pastors, 49%; specialized clergy, 31%.

Figure 1. Volunteering by Type



## Age and Volunteering

- ✓ The percentage of panelists who have volunteered in the prior year does not differ by age groups<sup>2</sup> in any of the four Panel groups, based on chi-square tests of significance. And among the volunteers, there are no statistically significant differences by age in the percentages who report volunteering in each of four broad volunteering categories (i.e., in the congregation, in the community through the congregation, in the community through a civic organization, and in a national or international project).

## Volunteer Leadership

- ✓ Among volunteers, sizable minorities of laity and around half of ministers report serving as leaders in volunteer work in their community (members, 31%; elders, 38%; pastors, 54%; specialized clergy, 48%).
- ✓ Similar percentages of members (37%) and specialized clergy (56%) but many more elders (68%) and pastors (71%) report serving as leaders in volunteer work in their congregations.

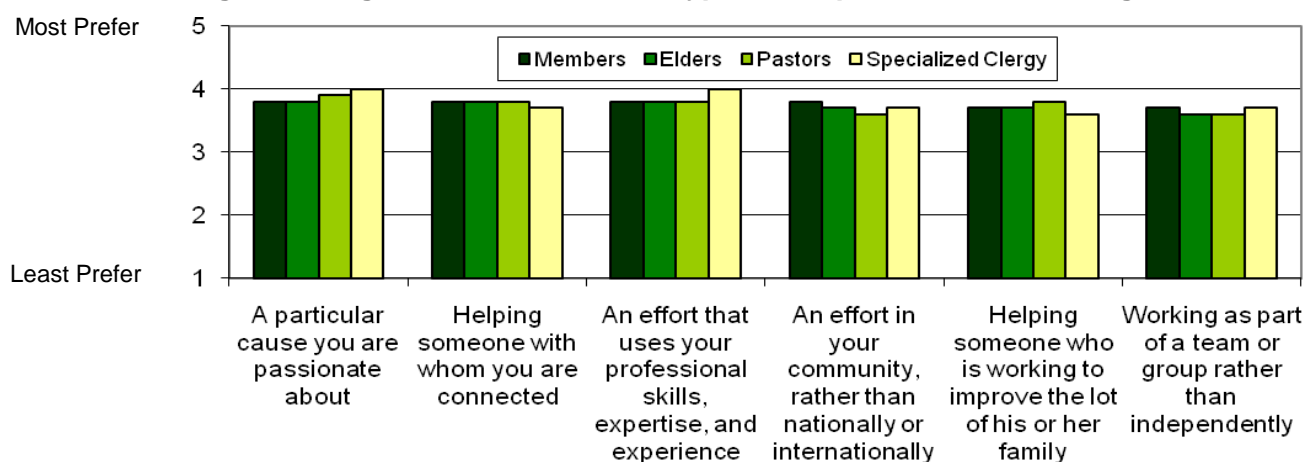
<sup>2</sup> For members and elders, the age groups are: less than 40 years; 40-54 years; 55-69 years, and 70 or more years; for pastors and specialized clergy, they are: less than 40; 40-49; 50-59; and 60 or more years. Groups are different because ministers, as an occupationally defined group, have a narrower age distribution.

# VOLUNTEERING

## Preferences for Volunteer Work

- ✓ Asked to rate their preferences for each of 19 types or aspects of volunteering (ranging from 1, “least prefer,” to 5, “most prefer,” with “no opinion” responses excluded), on average lay panelists most prefer (see also Figure 2):
  - A particular cause you are passionate about (average scores: members, 3.8; elders, 3.8).
  - Helping someone with whom you are connected (3.8; 3.8).
  - An effort that uses your professional skills, expertise, and experience (3.8; 3.8).
  - An effort in your community, rather than nationally or internationally (3.8; 3.7).
  - Helping someone who is working to improve the lot of his or her family (3.7; 3.7).
  - Working as part of a team or group rather than independently (3.7; 3.6).

**Figure 2. Highest Preferences for Types or Aspects of Volunteering**



- ✓ Preferences are similar for ministers, with the same five items receiving average scores between 3.6 and 4.0 for both pastors and specialized clergy.
- ✓ Pastors also have high average preferences for two other items—“leading a Bible study or teaching a Sunday school class” and “activity that arises spontaneously because of a specific need” (both 3.7). Specialized clergy have high average preferences for working as part of a team or a group rather than independently (3.7).
- ✓ At the other extreme, all groups least prefer “singing in a choir or playing in an ensemble or orchestra” (average scores: members, 2.1; elders, 2.2; pastors, 2.5; specialized clergy, 2.6).
- ✓ Preferences are also relatively low among laity for:
  - Leading a Bible study or teaching a Sunday school class (average scores: members, 2.6; elders, 2.5).
  - Leading an effort in your congregation, presbytery, synod, or the General Assembly (2.7; 2.9).
  - An effort to aid or help immigrants (3.0; 2.9).
  - Mentoring/supporting an adult who needs to develop a work ethic (3.0; 2.9).
  - Tutoring, coaching, mentoring, or supporting young people (3.0; 3.1).
  - An activity that provides compassionate care, like hospital visitation (3.1; 3.0).
  - Advocating for the rights of others (3.2; 3.1).
- ✓ Besides singing or playing music, types or aspects of volunteering that relatively few in one or both minister groups prefer, on average, include:
  - Mentoring/supporting an adult who needs to develop a work ethic (average scores: pastors, 2.8; specialized clergy, 2.8).
  - Advocating for the rights of others (3.1; 3.3).
  - Leading an effort in your congregation, presbytery, synod, or the General Assembly (3.3; 3.0).

## AGE AND AGING

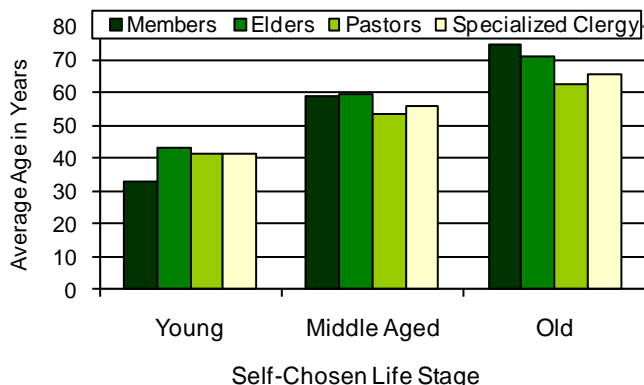
### Ages and Stages

- ✓ On average, panelists feel they are considerably younger than their chronological age:
  - Members: average actual age, 64 years; average felt age, 54.
  - Elders: 63 years; 53 years.
  - Pastors: 54 years; 47 years.
  - Specialized clergy: 58 years; 49 years.

- ✓ On average, elders believe one becomes:
  - *Middle aged* between 50 and 54 years.
  - *Old* between 70 and 74 years.
  - *Very old* between 85 and 89 years.

- ✓ Asked to describe their own life stage, the average actual age among members is (see also Figure 3):
  - 33 for those who think they are “young.”
  - 61 for those who think they are “middle aged.”
  - 75 for those who think they are “old.”

**Figure 3. Average Ages by Life Stages**



- ✓ In each group, men and women who see themselves in a particular life stage have similar mean ages:
  - Among members who consider themselves “young,” men average 34 years and women, 37 years; among pastors who consider themselves “young,” men average 41 years and women, 44 years.
  - Among members who consider themselves “middle aged,” men average 61 years and women, 61 years; among pastors who consider themselves “middle aged,” men average 56 years and women, 55 years.
  - Among members who consider themselves “old,” men average 76 years and women, 77 years; among pastors who consider themselves “old,” men average 65 years and women, 63 years.

### Aging-Related Concerns

- ✓ Panelists were asked, as they “think about growing old and your future,” how much they worry about each of six issues. Choosing among options that range from 1, “not at all,” to 7, “a great deal,” elders and pastors on average worry the most about healthcare, and the least about the end of life:
  - Healthcare availability and cost (average scores: elders, 4.6; pastors, 4.7).
  - Loss of independence; the need to depend on others (4.4; 4.0).
  - Finances (having an adequate lifelong income) (4.0; 4.5).
  - Becoming the caregiver of someone else (3.6; 3.7).
  - Loneliness, being left alone (3.5; 3.3).
  - End of life (2.9; 2.4).
- ✓ Among elders, age is linked to response patterns on five of these six issues (the exception is loss of independence), based on analysis of variance tests. Mean responses do not always increase or decrease uniformly with age, but the oldest elders usually have the lowest average scores. For two items—availability and cost of healthcare and lifelong finances—the next lowest average score is found at the youngest ages (see Table 1.)

	<40	40-54	55-69	70+
Healthcare availability and cost **	4.3	4.7	4.2	3.4
Finances (having an adequate lifelong income) **	3.9	5.3	4.8	4.0
Becoming the caregiver of someone else **	4.4	4.3	3.6	3.1
Loneliness, being left alone **	4.4	3.7	3.5	3.3
End of life **	4.2	3.1	2.9	2.8

\*Average scores for response options ranging from 1, not at all, to 7, a great deal.

\*\*Significant based on analysis of variance,  $p < .05$ .

- ✓ There are no statistically significant differences by age among pastors on these issues, perhaps because, as a group defined by employment, they have a fairly narrow age range: 82% are between the ages of 40 and 64.

# AGE AND AGING

## Aging-Related Opinions

- ✓ When members rate 18 aging-related statements using options from 1, “definitely false,” to 7, “definitely true,” average scores range from 5.3 for “one has a greater value to society if one is a contributing member” to 2.5 for “I expect as I get older I will spend less time with friends and family.” Table 2 shows the 18 items in order from the highest to the lowest average for members, along with comparative averages for pastors.

	Members	Pastors
One has a greater value to society if one is a “contributing” member	5.3	4.2
Having more aches and pains is an accepted part of aging	5.0	5.1
I expect that as I get older, I will become more forgetful	4.8	4.7
It is an accepted part of aging to have trouble remembering names	4.6	4.3
Forgetfulness is a natural occurrence just from growing old	4.5	4.3
Every year that people age, their energy levels go down a little more	4.5	4.3
The body is like a car—when it gets old, it gets worn out	4.5	4.6
People will assume my health problems (illnesses) are the result of my age	4.4	4.4
Most people do not value older people as much as they do younger people	4.2	4.5
People will treat me as less capable as I get older	4.2	4.2
It is impossible to escape the mental slowness that happens with aging	3.7	3.6
Most people will begin to doubt my wisdom and capabilities as I get older	3.7	3.7
When people get older, they need to lower their expectations for their health	3.7	4.1
Quality of life declines as people age	3.5	3.3
I expect that others will not need me as much when I get older	3.4	3.4
It is normal to be depressed when you are old	2.6	2.5
Being lonely is just something that happens when people get old	2.5	2.4
I expect that as I get older I will spend less time with friends and family	2.5	2.4

\*Averages shown; options ranged from 1, definitely false, to 7, definitely true; 4 was labeled neither false nor true.

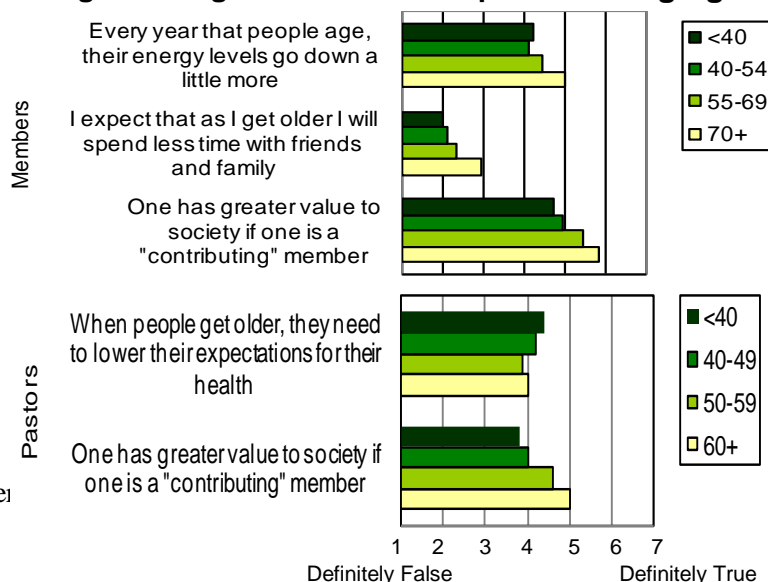
- ✓ In general, the results suggest more acceptance than rejection of certain aging stereotypes, for example, that with aging come more aches and pains, less energy, and greater forgetfulness, but more rejection than acceptance of others (e.g., loneliness, isolation, and a declining quality of life come inevitably with aging).
- ✓ Most of these opinions do not vary by the age of the respondents. Among members, only three of the 18 reveal statistically significant differences by age, all direct relationships, that is, the greater the age, the higher the average response (based on 1= “definitely false,” 7=“definitely true,” see Figure 4:

- Every year that people age, their energy levels go down a little more.
- I expect that as I get older I will spend less time with friends and family.
- One has a greater value to society if one is a contributing member.

- ✓ Among pastors, two statements have statistically significant differences by age, one of which is direct:
  - One has a greater value to society if one is a “contributing” member.

- ✓ The other relationship between age and aging opinions for pastors is inverse (that is, the greater the age, the lower the average score):
  - When people get older, they need to lower their expectations for their health.

**Figure 4. Age Differences in Opinions on Aging\***



\*All differences significant based on analysis of variance tests (p < .05).

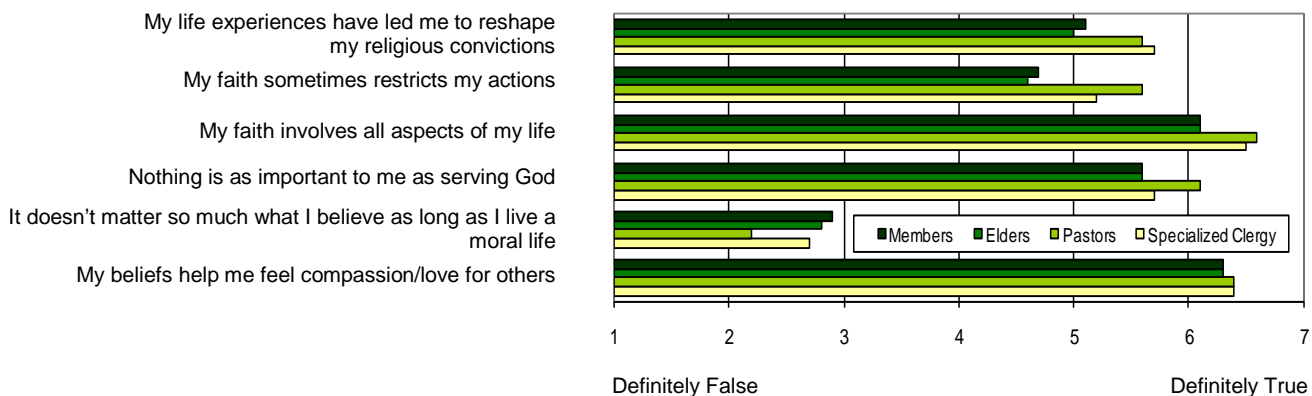


## FAITH, SOURCES OF SUPPORT AND LIFE SATISFACTION

### Religious Views

- ✓ Asked to rate the truthfulness of 21 statements about their own faith, from 1, “definitely false,” to 7 “definitely true,” laity believe these three statements are most true (highest average scores) (see also Figure 5):
  - My beliefs help me feel compassion/love for others (average scores: members, 6.3; elders, 6.3; pastors, 6.4; specialized clergy, 6.4).
  - I have a responsibility to help others (6.2; 6.2; 6.4; 6.3).
  - My faith involves all aspects of life (6.1; 6.1; 6.6; 6.5).
- ✓ Other statements rated considerably more true than false on average (scores of 6.0 or more in at least one group) are:
  - In my life I experience the presence of the divine (average scores: members, 5.8; elders, 5.8; ministers, 6.4; specialized clergy, 6.4).
  - It is important to me to spend time in private religious thought and reflection (5.8; 5.6; 6.3; 5.9).
  - Nothing is as important to me as serving God (5.6; 5.6; 6.1; 5.7).
- ✓ Additional statements rated more true than false, but less so, on average (scores of more than 5.0 in at least one group, but no average as high as 6.0) include:
  - I go to church primarily to worship (average scores: members, 5.8; elders, 5.8; pastors, 5.8; specialized clergy, 5.7).
  - I go to church because I feel part of a community (5.7; 5.9; 5.9; 5.7).
  - The church is a place to form good social relationships and networks (5.7; 5.6; 5.8; 5.5).
  - I feel I am connected to all of humanity (5.4; 5.4; 5.6; 5.7).
  - I go to church mainly because I enjoy the fellowship of the people I know there (5.3; 5.4; 5.0; 4.9).
  - My life experiences have led me to reshape my religious convictions (5.1; 5.0; 5.6; 5.7).
  - Tensions in today’s world cause me to form and ponder religious questions (5.0; 4.8; 5.5; 5.7).
  - My faith sometimes restricts my actions (4.7; 4.6; 5.6; 5.2).
  - As I grow and change, I expect my church and denomination also to grow and change (4.6; 4.8; 5.0; 5.2).
  - For me, doubting is an important part of what it means to be religious (4.2; 3.9; 5.2; 5.4).
- ✓ One statement is rated almost exactly “neither false nor true” (score 4.0), on average, in every group:
  - There are many religious issues on which my views are still changing (average scores: members, 3.7; elders, 3.7; pastors, 4.2; specialized clergy, 4.4).
- ✓ Four statements are rated more false than true (average scores of less than 4.0) in every group:
  - I expect my religious beliefs and convictions to change in the next few years (average scores: members, 2.7; elders, 2.7; pastors, 3.7; specialized clergy, 3.8).
  - It doesn’t matter so much what I believe as long as I live a moral life (2.9; 2.8; 2.2; 2.7).
  - God wasn’t as important to me until I began to look for meaning in my life (3.4; 3.3; 3.3; 3.2).
  - What religion offers most is comfort in times of sorrow and misfortune (3.9; 3.8; 3.1; 3.5).

**Figure 5. Views on Selected Aspects of Personal Faith**



## FAITH, SOURCES OF SUPPORT, AND LIFE SATISFACTION

### **Family Support**

- ✓ Most panelists get “strong support” from their family support network—“those family members who understand you and look out for your interests” (members, 66%; elders, 66%; pastors, 68%; specialized clergy, 63%). Almost all others report “adequate support” (31%, 29%, 27%, and 31%, respectively).
- ✓ Only around half of laity and fewer ministers describe all or most of their family support network as living “nearby” (members, 50%; elders, 54%; pastors, 34%; specialized clergy, 42%).
- ✓ Support is related to proximity (see Table 3). Among those elders, for example, who have most or all of their relatives living nearby, around three in four report receiving strong support. But even when most family members are distant, almost as many—two in three—report strong support. Only when all relatives live at a distance do less than a majority report strong support, and still almost half—47%—do so.

**Table 3. Family Support by Geographical Proximity: Elders’ Responses**

		Geographical Proximity of Family Members				
		All Are Nearby	Most Are Nearby	About Half Are Nearby	Most Are Distant	All Are Distant
Support received from family members*	Strong support	74%	73%	71%	66%	47%
	Moderate or occasional support, but adequate	26%	27%	29%	34%	53%
Total		100%	100%	100%	100%	100%

Statistically significant based on a chi-square test,  $p < .05$ .

\*Other response options—“much less than you need” and “no support”—are excluded because almost no one selected them.

### **Neighborhood and Workplace Support**

- ✓ Around one in five panelists (members, 21%; elders, 22%; pastors, 17%; specialized clergy, 21%) report receiving “strong support” from their neighborhood support group—“those in your neighborhood who understand you and look out for you.” Most of the rest (59%; 59%; 48%; 50%) report receiving “moderate or occasional support, but adequate.” Of the remainder, most report that they do not have a neighborhood support group (14%; 14%; 24%; 20%); few report that the neighborhood support they get is “much less than you need” (6%; 4%; 10%; 9%).
- ✓ Workplace support is high among the employed. More than eight in ten employed panelists report receiving either “strong support” (members, 37%; elders, 41%; pastors, 53%; specialized clergy, 45%) or “moderate or occasional support, but adequate” (49%; 44%; 35%; 36%). Fewer than one in ten report “much less [support] than you need” (8%; 4%; 8%; 8%). The rest report no workplace support group (6%; 11%; 4%; 11%).

### **Congregational Support**

- ✓ Large majorities report hearing from or seeing other members of their congregations (excluding relatives) outside of worship or church events in a typical month (members, 86%; elders, 92%; pastors, 95%; specialized clergy, 86%). Most of these report seeing or hearing from three or more such persons (78%; 80%; 93%; 74%). This total includes one in five members, elders, and specialized clergy, and half of pastors who see at least nine church members a month outside of worship or church events (19%; 23%; 55%; 20%).
- ✓ Somewhat fewer panelists are comfortable enough to talk about private matters with three or more members of their congregation (members, 52%; elders, 60%; pastors, 59%; specialized clergy, 48%) or feel close enough to call on them for help (61%; 74%; 77%; 56%).
- ✓ Majorities of three groups (members, 55%; elders, 56%; pastors, 70%) respond “often,” “very often,” or “always” when asked how often they see or hear from the person in their congregation with whom they have the most contact. The corresponding total among specialized clergy is 40%.

## FAITH, SOURCES OF SUPPORT, AND LIFE SATISFACTION

### Congregational Support (cont.)

- ✓ Response totals are smaller when panelists are asked, “when persons in your congregation have important decisions to make, how often do they talk to you about them” (combined “often,” “very often,” and “always”: members, 18%; elders, 29%; pastors, 49%; specialized clergy, 31%).
- ✓ When asked how often someone in their congregation is available to talk to when they have an important decision to make, majorities of members (53%), elders (56%), and pastors (54%) respond “often,” “very often,” or “always.” Among specialized clergy the corresponding total is 47%.

### Life Satisfaction

- ✓ Of 18 statements related to life and life satisfaction, the same five are rated as most true on average in every group, though not in the same order (1=“definitely false”; 4=“neither true nor false”; 7=“definitely true”):
  - I have made plans for things I will be doing in a month or a year from now (average scores: members, 5.9; elders, 5.9; pastors, 6.0; specialized clergy, 6.1).
  - As I look back on my life, I am fairly well satisfied (5.8; 5.7; 5.7; 5.7).
  - I expect positive things to happen to me in the future (5.7; 5.6; 5.9; 6.0).
  - The things I do are as interesting to me as ever (5.6; 5.5; 5.6; 5.9).
  - Compared to other people my age, I look good (5.6; 5.6; 5.3; 5.5).
- ✓ Likewise, the items rated as least true are the same five in all groups (though in different order):
  - Compared to other people, I get down in the dumps too often (average scores: members, 2.1; elders, 2.2; pastors, 2.5; specialized clergy, 2.4).
  - This is the dreariest time in my life (2.2; 2.1; 2.1; 1.9).
  - When I think back over my life, I didn’t get most of the important things I wanted (2.3; 2.4; 2.4; 2.3).
  - I feel old and somewhat tired (3.2; 3.3; 3.2; 3.3).
  - Despite what some people say, the lot of the average person is getting worse, not better (3.2; 3.4; 3.3; 3.6).
- ✓ Average life satisfaction responses often vary by age, as Table 4 shows for members. In general, the oldest members are relatively content with how their lives have turned out, although fewer of them than others see their present situation as “the best years of my life,” and more of them see it as “the dreariest time of my life.”

**Table 4. Average Life Satisfaction Responses by Age Groups for Members\***

	Age Group			
	<40	40-54	55-69	70+
As I grow older, things seem better than I expected **	4.6	5.1	5.2	5.4
I am just as happy as I was when I was younger	5.0	5.0	5.4	5.2
I have gotten more breaks in life than most people	5.1	5.1	5.2	5.4
This is the dreariest time in my life **	2.0	2.2	1.8	2.5
My life could be happier than it is now	4.2	4.2	3.6	3.8
There are the best years of my life **	4.8	4.6	4.6	4.1
Most of the things I do are boring or monotonous **	3.0	2.5	2.1	2.4
I expect positive things to happen to me in the future **	5.8	6.0	5.7	5.4
The things I do are as interesting to me as ever	5.3	5.6	5.8	5.6
I feel old and somewhat tired **	3.6	2.8	2.9	3.5
As I look back on my life, I am fairly well satisfied **	5.9	5.5	5.8	6.0
I would not change my past life even if I could	4.5	4.5	4.8	5.2
Compared to other people my age I look good **	4.9	5.4	5.8	5.6
I have made plans for things I will be doing in a month or a year from now	5.8	6.0	6.1	5.6
When I think back over my life, I didn’t get most of the important things I wanted	2.2	2.3	2.2	2.4
Compared to other people, I get down in the dumps too often **	2.8	2.2	2.1	1.9
I’ve gotten pretty much what I expected out of life **	4.9	5.0	5.4	5.6
Despite what some say, the average person’s lot is getting worse, not better	3.5	3.1	3.2	3.3

\*Averages shown; options ranged from 1, definitely false, to 7, definitely true.

\*\*Statistically significant based on analysis of variance test, p < .05.

## SELF-EFFICACY AND PEER INFLUENCE

### **General Self-Efficacy**

- ✓ Most panelists believe they have considerable control over their own fate, as average truth ratings on these statements show (1=“definitely false”; 4=“neither true nor false”; 7=“definitely true”):
  - I can usually handle whatever comes my way (average scores: members, 5.7; elders, 5.6; pastors, 5.7; specialized clergy, 5.6).
  - When I am confronted by a problem, I usually solve it (5.6; 5.6; 5.5; 5.6).
  - If I am in trouble, I can usually think of a solution (5.6; 5.5; 5.5; 5.6).
  - I can typically manage to solve most difficult problems if I try hard enough (5.6; 5.5; 5.1; 5.4).
  - I can solve most problems if I invest enough effort (5.6; 5.5; 5.2; 5.4).
  - I am confident that I can deal effectively with unexpected events (5.5; 5.4; 5.7; 5.6).
  - It is easy for me to persevere to accomplish my goals (5.2; 5.1; 5.1; 5.3).
  - I remain calm when facing difficulties because I rely on my coping abilities (5.1; 5.1; 5.2; 5.2).
- ✓ An exception is, “If someone opposes me, I can usually find . . . ways to get what I want,” where scores are close to “neither true nor false” (average scores: members, 4.0; elders, 4.0; pastors, 4.1; specialized clergy, 4.1).

### **Health-Related Self-Efficacy**

- ✓ Most panelists also believe they have much control over their health, as average truth ratings for these statements show (1=“definitely false”; 4=“neither true nor false”; 7=“definitely true”):
  - I pretty much stay healthy by taking good care of myself and practicing prevention (average scores: members, 6.0; elders, 5.9; pastors, 5.7; specialized clergy, 5.7).
  - When I am ill, prayer gives me hope that I will recover (5.8; 5.8; 5.7; 5.5).
  - If I become sick—when I do—my actions will influence my recovery (5.7; 5.6; 5.6; 5.8).
  - I am directly responsible for my health (5.6; 5.8; 5.7; 5.8).
- ✓ Average ratings are lower but still closer to the true than the false end of the continuum for these statements:
  - Following doctor’s orders to the letter is the best way for me to stay healthy (average scores: members, 5.0; elders, 5.0; ministers, 4.8; specialized clergy, 4.6).
  - People play a big part in whether I stay well/healthy (4.6; 4.6; 4.9; 4.9).
- ✓ The lowest truth scores (more false than true) are on statements depicting health issues as out of individual control:
  - It seems my health is greatly influenced by accidental happenings (average scores: members, 2.9; elders, 3.0; pastors, 2.9; specialized clergy, 3.0).
  - When I stay healthy, I am just plain lucky (3.1; 3.0; 2.8; 2.9).
  - I can only maintain my health through consulting health professionals (3.2; 3.3; 3.1; 3.4).
  - Often I feel that no matter what I do, if I am going to get sick, I will get sick (3.2; 3.3; 3.2; 3.3).

### **Perceived Influence of Peers**

- ✓ Asked how much influence “other people’s opinions and expectations for you and your peers” have in each of ten areas, panelists on average report the most influence for these five (1=“not at all”; 4=“some”; 7=“a great deal”):
  - Your healthcare and treatment decisions (average scores: members, 3.2; elders, 3.3; pastors, 3.4; specialized clergy, 3.3).
  - Your overall self-confidence (3.2; 3.3; 3.6; 3.3).
  - Your enthusiasm in planning for the future (3.0; 3.0; 3.2; 3.1).
  - Your ability to live independently (3.0; 3.0; 3.0; 3.0).
  - Your general decision-making (3.0; 2.9; 3.1; 2.9).
- ✓ Other people’s opinions and expectations have less influence, on average, for these items from the same list:
  - Your ability to succeed as a volunteer or employee (average scores: members, 2.8; elders, 2.9; pastors, 3.4; specialized clergy, 3.2).
  - Your pursuit of new interests, learning new skills (2.8; 2.7; 2.9; 2.7).
  - Your ability to manage your own financial affairs (2.8; 2.7; 2.8; 2.8).
  - Your likelihood of traveling without other family members (2.7; 2.7; 2.7; 2.6).
  - Your ability to provide care for small children (2.4; 2.6; 2.5; 2.3).

## OTHER TOPICS

### Health and Lifestyle

- ✓ To ten statements regarding health, exercise, and lifestyle, majorities respond “definitely true” or “somewhat true” to all but one:
  - I always practice safe driving habits/behaviors (members, 95%; elders, 96%; pastors, 95%; specialized clergy, 96%).
  - I have always been an active person, a doer (95%; 94%; 98%; 93%).
  - I eat a healthy diet (93%; 89%; 83%; 87%).
  - I see my physician or other healthcare professional regularly for checkups and tests (92%; 93%; 88%; 91%).
  - I have sufficient financial resources to provide, comfortably, what I need and want (91%; 87%; 80%; 78%).
  - I live independently, and require no assistance (90%; 92%; 95%; 92%).
  - I am in excellent health, i.e., I have only minor or self-managed healthcare issues (87%; 86%; 90%; 85%).
  - I exercise regularly (74%; 70%; 71%; 73%).
  - I am as vigorous now as any time in my life (55%; 56%; 57%; 56%).
  
- ✓ The exception is for the statement, “The physical demands of my occupation have taken a toll on my health,” to which half or more respond “definitely false” or “somewhat false” (members, 70%; elders, 71%; pastors, 50%; specialized clergy, 62%).
  
- ✓ Table 5 shows average responses to these ten items by age for members and pastors (1=“definitely false”; 5=“definitely true”). While several differences are statistically significant, not all reveal a uniform increase or decrease in scores from younger to older panelists. Those that do include statements about regular medical checkups, a healthy diet, and exercise, indicating that in every age group panelists rate themselves better in achieving these tasks than those who are younger. Some, however, show different a pattern, for example, those in the two middle age categories rate their health more highly, on average, than those in the youngest and oldest categories.

	Members				Pastors			
	<40	40-54	55-69	70+	<40	40-49	50-59	60+
Statement	Mean Score				Mean Score			
I have sufficient financial resources to provide, comfortably, what I need and what I want (P**)	4.3	4.2	4.3	4.5	3.9	3.7	4.0	4.1
I have always been an active person, a doer	4.4	4.5	4.6	4.6	4.4	4.5	4.6	4.6
I am in excellent health (M**)	4.2	4.5	4.5	4.1	4.4	4.3	4.4	4.4
I live independently, and require no assistance (M**)	4.5	4.8	4.7	4.4	4.7	4.8	4.7	4.6
The physical demands of my occupation have taken a toll on my health	2.1	2.2	2.0	1.8	2.8	3.0	2.7	2.6
I am as vigorous now as any time in my life (M**)	3.2	3.5	3.5	2.8	3.5	3.4	3.2	3.1
I see my physician on a regular schedule for checkups and tests (M**, P**)	4.0	4.3	4.7	4.8	3.6	4.2	4.4	4.6
I eat a healthy diet (M**, P**)	3.3	4.1	4.4	4.5	3.7	3.8	3.9	4.2
I exercise regularly	3.1	3.8	4.0	4.0	3.6	3.6	3.7	3.8
I always practice safe driving habits/behaviors (M**)	4.3	4.5	4.6	4.6	4.2	4.5	4.3	4.5
Number of cases	25	69	91	145	30	75	184	123

\*Averages shown; options ranged from 1, definitely false, to 7, definitely true. \*\*Statistically significant based on analysis of variance,  $p < .05$ . M refers to members; P refers to pastors.

## OTHER TOPICS

### **Living Arrangements**

- ✓ One in five laity (members, 21%; elders, 19%) but somewhat fewer ministers (pastors, 11%; specialized clergy, 16%) live alone. Almost all of the rest live with a spouse (overall: 72%; 76%; 85%; 79%).
- ✓ Relatively few panelists, especially laity, have children or grandchildren living in their households (overall: members, 21%; elders, 18%; pastors, 38%; specialized clergy, 33%). Of these, half or fewer have one or more children or grandchildren in their household aged 18 or older (overall: 9%; 9%; 15%; 16%).
- ✓ Very few panelists live with a parent or step-parent (members, 2%; elders, 2%; pastors, 2%; specialized clergy, 1%), and almost no one lives with a grandparent (0.4% of elders, but none in the other Panel groups).

### **Employment and Retirement Status**

- ✓ Around four in ten members (43%) and somewhat more elders (48%) are employed, with most of these either employed full-time or self-employed (79%; 82%). Almost all pastors (92%; 94%) are employed.<sup>3</sup>
- ✓ A small majority of members (51%) and large minority of elders (46%) are retired. The median time they have been retired is ten years in both groups. A few retirees indicate that, while currently retired, they are planning to return to work (among both members and elders they total 4% of all retirees).
- ✓ Most retirees live in their own home (members, 90%; elders, 95%), with most of the rest living independently in a retirement community (9%; 4%).
- ✓ Among laity who are currently employed, relatively few plan to retire in the next five years (members, 12%; elders, 20%). However, plans for when to retire differ sharply by age. For example, among employed members, only 4% of those less than 40 years of age plan to retire within ten years, compared to 39% of those aged 40-54, 74% of those aged 55-69, and 100% of those aged 70 or more.
- ✓ Among pastors, 14% plan to retire in the next five years, and another 20%, in the next five to ten years. Plans differ by current age in expected ways, with no pastor less than 40 years of age planning to retire in the next five years, and almost half (48%) of those 60 or older planning to do so.

**Table 6. Retirement Plans by Age Groups for Pastors**

<i>When do you plan to retire?</i>	<b>Age Group</b>			
	<b>&lt;40</b>	<b>40-49</b>	<b>50-59</b>	<b>60+</b>
Within 5 years	—	2%	2%	48%
In 5-10 years	—	—	24%	31%
More than 10 years	65%	67%	58%	5%
Uncertain	27%	27%	11%	12%
Never plan to retire	8%	5%	5%	3%

— = no cases. Statistically significant based on a chi-square test,  $p < .05$ .

- ✓ When those currently employed were asked what they hope to do in retirement, their responses varied:
  - One in four laity and pastors but more specialized clergy plan to pursue another career after retiring from their current one (members, 24%; elders, 26%; pastors, 25%; specialized clergy, 37%).
  - Four in ten laity and majorities of ministers plan to continue working after reaching retirement age because they will need the income (40%; 44%; 53%; 53%).
  - Three in four plan to do “a significant amount of volunteer work” after retirement (72%; 76%; 79%; 78%).
  - Half of laity but fewer ministers plan “to focus on leisure and travel” after retiring (51%; 44%; 36%; 30%).
  - More plan “to volunteer and engage in leisure activities and travel” after retiring (88%; 85%; 86%; 79%).

<sup>3</sup> The percentage is less than 100% for pastors because the employment status of a few had changed since the Panel was constituted in late 2005.



**THE PRESBYTERIAN PANEL**  
**VOLUNTEERING AND OTHER TOPICS**  
**FEBRUARY 2008 QUESTIONNAIRE**

**Data Appendix**

	Members	Elders	Ministers
Number of questionnaires mailed§ .....	726	913	1,270
Number of questionnaires completed.....	350	481	632‡
Percent completed.....	48%	52%	49%
§Estimated; true figures likely ±5 of shown figures			
‡418 pastors; 214 specialized clergy			

Q1a. What is your chronological age in years?

	Members	Elders	Pastors	Specialized Clergy
Under 40.....	8%	2%	7%	4%
40-49 .....	9%	9%	18%	14%
50-59 .....	20%	27%	45%	36%
60-69 .....	19%	28%	28%	39%
70-79 .....	30%	28%	2%	6%
80 or older .....	14%	5%	*	1%
Mean .....	63.6	63.2	54.3	57.7
Median .....	66.5	64.0	55.0	59.0

Q1b. How old do you really feel?

Less than 40 .....	17%	13%	23%	14%
40-49 .....	20%	26%	34%	35%
50-59 .....	23%	27%	30%	30%
60-69 .....	23%	22%	8%	14%
70-79 .....	12%	8%	1%	4%
80 or older .....	3%	2%	*	1%
Older than I am [volunteered] .....	1%	—	—	—
Younger than I am [volunteered] .....	1%	1%	2%	1%
Not sure [volunteered] .....	2%	2%	1%	1%
Mean .....	54.3	53.0	47.1	49.3
Median .....	51.0	50.0	45.0	50.0

Q1c. What age or peer group do you think of yourself as belonging to?

Young.....	9%	7%	17%	11%
Middle aged.....	62%	69%	77%	78%
Old .....	29%	24%	5%	10%
Very old.....*	*	*	—	1%

Note: Percentages may not add to 100 due to rounding

\* = less than 0.5%; rounds to zero

— = zero (0.0); no cases in this category

+ = nonresponses of 10% or more on this question (reported percentages for all questions omit nonresponses)

n = number of respondents eligible to answer this question

◆ = percentages add to more than 100 because respondents could make more than one response

	Members	Elders	Pastors	Specialized Clergy
Q1d. At what age does one become: (Check <i>one</i> in each column.)				
<b>Middle aged?</b>	+			
35-39 .....	4%	3%	8%	7%
40-44 .....	16%	17%	25%	26%
45-49 .....	21%	23%	27%	26%
50-54 .....	29%	29%	25%	26%
55-59 .....	16%	16%	8%	9%
60-64 .....	7%	6%	4%	4%
65-69 .....	3%	3%	2%	2%
70 or older .....	2%	3%	1%	1%
<b>Old?</b>	+			
50-54 .....	*	1%	2%	—
55-59 .....	*	*	1%	1%
60-64 .....	6%	4%	4%	6%
65-69 .....	15%	16%	19%	16%
70-74 .....	24%	29%	28%	30%
75-79 .....	22%	26%	21%	24%
80-84 .....	23%	16%	18%	16%
85 or older .....	9%	8%	8%	7%
<b>Very old?</b>	+	+		
60-64 .....	—	—	1%	—
65-69 .....	—	—	—	1%
70-74 .....	1%	—	1%	1%
75-79 .....	4%	4%	4%	3%
80-84 .....	13%	18%	20%	19%
85-89 .....	28%	29%	24%	25%
90-94 .....	36%	31%	29%	33%
95 or older .....	18%	17%	21%	19%

Q2. Do you live alone?

No.....	79%	81%	89%	84%
Yes .....	21%	19%	11%	16%

Q2a. [If “no,”] Indicate what other persons live with you, by their relationship to you. (Check *all* that apply.)

	n=269	n=384	n=371	n=176
A spouse/partner .....	93%	94%	98%	95%
One or more children or grandchildren.....	27%	22%	44%	40%
One or more of my parents/step-parents .....	3%	3%	2%	1%
One or more of my grandparents .....	—	1%	—	—
Other (specify): .....	3%	3%	3%	4%

Q2b. [If “one or more children or grandchildren,”] Are any aged 18 or older?

No.....	n=71 55%	n=85 45%	n=159 58%	n=69 46%
Yes .....	45%	55%	42%	54%

Note: Percentages may not add to 100 due to rounding

\* = less than 0.5%; rounds to zero

— = zero (0.0); no cases in this category

+ = nonresponses of 10% or more on this question (reported percentages for all questions omit nonresponses)

n = number of respondents eligible to answer this question

◆ = percentages add to more than 100 because respondents could make more than one response



Q3. Think for a moment about your family support network – those members of your family who understand you and look out for your interests. How would you describe the amount of support you receive from them?

	Members	Elders	Pastors	Specialized Clergy
Strong support.....	66%	66%	68%	63%
Moderate or occasional support, but adequate.....	31%	29%	27%	31%
Much less than you need.....	1%	2%	3%	2%
No support.....	2%	3%	2%	3%

Q4. How geographically close or distant are you to those family members who make up your family support network?

	Members	Elders	Pastors	Specialized Clergy
All are nearby.....	18%	24%	12%	14%
Most are nearby, but some are distant.....	32%	30%	22%	28%
Around half are nearby, and half are distant.....	15%	15%	14%	13%
Most are distant, but some are nearby.....	20%	19%	28%	26%
All are distant.....	16%	12%	24%	20%

Q5. Next, think for a moment about those in your neighborhood who understand you and look out for you – your neighborhood support network. How would you describe the amount of support you receive from them?

	Members	Elders	Pastors	Specialized Clergy
Strong support.....	21%	22%	17%	21%
Moderate or occasional support, but adequate.....	59%	59%	48%	50%
Much less than you need.....	6%	4%	10%	9%
No neighborhood support network.....	14%	14%	24%	20%

Q6. Now, think for a moment about those in your workplace who understand you and look out for you – your workplace support network. How would you describe the amount of support you receive from them?

	Members	Elders	Pastors	Specialized Clergy
Strong support.....	19%	22%	50%	38%
Moderate or occasional support, but adequate.....	25%	24%	34%	30%
Much less than you need.....	4%	2%	8%	7%
No workplace support network.....	3%	6%	4%	9%
Not working outside the home.....	48%	45%	5%	16%

Q7. The following questions describe your contact with other members of your congregation (who are not your relatives). Please mark the most accurate choice.

a. How many persons in your congregation do you see or hear from at least once a month, outside of scheduled worship services and events?

	Members	Elders	Pastors	Specialized Clergy
None.....	14%	8%	5%	14%
1.....	10%	6%	1%	8%
2.....	9%	13%	6%	14%
3-4.....	25%	26%	14%	24%
5-8.....	23%	25%	17%	20%
9 or more.....	19%	23%	55%	20%

b. With how many persons in your congregation do you feel comfortable talking about private matters?

	Members	Elders	Pastors	Specialized Clergy
None.....	19%	11%	17%	19%
1.....	14%	12%	9%	15%
2.....	15%	16%	16%	18%
3-4.....	25%	31%	27%	26%
5-8.....	17%	17%	16%	15%
9 or more.....	10%	12%	16%	7%

Note: Percentages may not add to 100 due to rounding

\* = less than 0.5%; rounds to zero

— = zero (0.0); no cases in this category

+ = nonresponses of 10% or more on this question (reported percentages for all questions omit nonresponses)

n = number of respondents eligible to answer this question

◆ = percentages add to more than 100 because respondents could make more than one response

Q7. The following questions describe your contact with other members of your congregation (who are not your [Cont.] relatives). Please mark the most accurate choice.

c. How many persons in your congregation do you feel so close to that you could call on them for help?

	Members	Elders	Pastors	Specialized Clergy
None .....	11%	5%	6%	9%
1 .....	13%	8%	5%	16%
2 .....	16%	14%	12%	19%
3-4.....	25%	31%	29%	29%
5-8.....	18%	18%	17%	11%
9 or more.....	18%	25%	31%	16%

d. Outside of scheduled worship services and church events, how often do you see or hear from the person in your congregation with whom you have the most contact?

	Members	Elders	Pastors	Specialized Clergy
Never .....	6%	2%	2%	3%
Seldom.....	16%	12%	8%	17%
Sometimes .....	23%	29%	21%	39%
Often.....	34%	30%	35%	24%
Very often.....	16%	21%	30%	12%
Always.....	5%	5%	5%	4%

e. When persons in your congregation have important decisions to make, how often do they talk to you about them?

	Members	Elders	Pastors	Specialized Clergy
Never .....	20%	8%	1%	10%
Seldom.....	29%	24%	13%	21%
Sometimes .....	32%	39%	36%	39%
Often.....	12%	20%	25%	16%
Very often.....	6%	8%	22%	13%
Always.....*		1%	2%	2%

f. How often is someone in your congregation available for you to talk to when you have an important decision to make?

	Members	Elders	Pastors	Specialized Clergy
Never .....	11%	4%	6%	4%
Seldom.....	14%	11%	15%	21%
Sometimes .....	21%	30%	26%	28%
Often.....	30%	31%	29%	28%
Very often.....	13%	13%	17%	12%
Always.....	10%	12%	8%	7%

Q8. Have you done any volunteering in your community or congregation over the last year?

	Members	Elders	Pastors	Specialized Clergy
No → Skip to Q9.....	19%	9%	10%	20%
Yes .....	81%	91%	90%	80%

[If “yes, ”] Indicate which statements describe your volunteer work over the last year.

a. I have done volunteer work in my *community through a civic organization*

	n=275	n=428	n=368	n=168
No .....	33%	41%	34%	31%
Yes .....	67%	59%	66%	69%

Note: Percentages may not add to 100 due to rounding

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Q8. Have you done any volunteering in your community or congregation over the last year?

[Cont.]

[If “yes, ”] How many hours did you spend in this type of volunteer work in a typical month? \_\_\_\_\_

	n=171	n=239	n=231	n=112
1-2 .....	16%	20%	24%	16%
3-4 .....	19%	19%	20%	25%
5-6 .....	18%	18%	22%	21%
7-9 .....	12%	6%	8%	6%
10-14 .....	9%	14%	16%	19%
15-19 .....	8%	2%	3%	2%
20 or more .....	20%	21%	7%	12%
Mean.....	11.7	10.5	8.3	8.8
Median.....	6.0	6.0	5.0	5.0

b. I have done volunteer work in my *community through my congregation*

	n=275	n=428	n=368	n=168
No .....	46%	36%	22%	43%
Yes .....	54%	64%	78%	57%

[If “yes, ”] How many hours did you spend in this type of volunteer work in a typical month? \_\_\_\_\_

	n=135	n=256	n=269	n=89
1-2 .....	44%	36%	30%	29%
3-4 .....	27%	18%	27%	26%
5-6 .....	8%	16%	16%	17%
7-9 .....	8%	7%	6%	8%
10-14 .....	7%	13%	12%	10%
15-19 .....	3%	4%	3%	5%
20 or more .....	3%	6%	6%	6%
Mean .....	4.7	6.8	6.4	5.9
Median .....	3.0	4.0	4.0	4.0

c. I have done volunteer work in or for my congregation

	n=275	n=428	n=368	n=168
No .....	18%	8%	26%	27%
Yes .....	82%	92%	74%	73%

[If “yes, ”] How many hours did you spend in this type of volunteer work in a typical month? \_\_\_\_\_

	n=210	n=366	n=243	n=112
1-2 .....	25%	12%	18%	18%
3-4 .....	20%	20%	22%	22%
5-6 .....	17%	17%	19%	17%
7-9 .....	9%	10%	9%	8%
10-14 .....	13%	20%	19%	19%
15-19 .....	4%	4%	3%	6%
20 or more .....	12%	17%	11%	10%
Mean .....	9.0	10.3	9.3	10.1
Median .....	5.0	8.0	5.0	6.0

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	Members	Elders	Pastors	Specialized Clergy
Q8. Have you done any volunteering in your community or congregation over the last year? [Cont.]				
d. I have participated along with a group from my congregation or presbytery in a national or international project, such as, but not limited to, disaster relief	n=275	n=428	n=368	n=168
No .....	80%	76%	51%	69%
Yes .....	20%	24%	49%	31%
Q8b. Would you say that in the last year you have:				
a. Served as a <i>leader</i> in volunteer work in your community?	n=275	n=428	n=368	n=168
No .....	69%	62%	46%	52%
Yes .....	31%	38%	54%	48%
b. Served as a <i>leader</i> in volunteer work in or through your congregation?	n=275	n=428	n=368	n=168
No .....	63%	32%	29%	44%
Yes .....	37%	68%	71%	56%
Q9. Please indicate how well each of the following statements describes you.				
a. I have sufficient financial resources to provide, comfortably, what I need and what I want				
Definitely false .....	1%	2%	5%	6%
Somewhat false.....	4%	6%	10%	11%
Unsure.....	4%	4%	4%	5%
Somewhat true .....	39%	39%	40%	33%
Definitely true.....	52%	48%	40%	45%
b. I have always been an active person, a doer				
Definitely false .....	—	*	—	—
Somewhat false.....	1%	2%	1%	5%
Unsure.....	4%	3%	2%	1%
Somewhat true .....	33%	35%	38%	34%
Definitely true.....	62%	59%	60%	59%
c. I am in excellent health, i.e., I have only minor and/or self-managed healthcare issues				
Definitely false .....	4%	4%	2%	3%
Somewhat false.....	6%	7%	6%	10%
Unsure.....	4%	4%	2%	2%
Somewhat true .....	34%	34%	33%	35%
Definitely true.....	53%	52%	57%	50%

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	Members	Elders	Pastors	Specialized Clergy
Q9. Please indicate how well each of the following statements describes you.				
[Cont.]				
d. I live independently, and require no assistance				
Definitely false .....	3%	5%	2%	4%
Somewhat false.....	4%	2%	2%	3%
Unsure.....	3%	1%	1%	1%
Somewhat true .....	14%	18%	13%	16%
Definitely true.....	76%	74%	82%	76%
e. The physical demands of my occupation have taken a toll on my health				
Definitely false .....	54%	51%	26%	39%
Somewhat false.....	16%	20%	24%	23%
Unsure.....	6%	8%	10%	9%
Somewhat true .....	18%	19%	34%	23%
Definitely true.....	5%	3%	6%	6%
f. I am as vigorous now as any time in my life				
Definitely false .....	11%	11%	9%	13%
Somewhat false.....	28%	26%	30%	25%
Unsure.....	6%	6%	4%	6%
Somewhat true .....	40%	45%	42%	45%
Definitely true.....	15%	11%	15%	11%
g. I see my physician or other healthcare professional on a regular schedule for checkups and tests				
Definitely false .....	2%	2%	4%	3%
Somewhat false.....	5%	5%	6%	5%
Unsure.....	2%	*	1%	1%
Somewhat true .....	18%	20%	29%	24%
Definitely true.....	74%	73%	59%	67%
h. I eat a healthy diet				
Definitely false .....	1%	1%	1%	1%
Somewhat false.....	5%	6%	10%	10%
Unsure.....	2%	5%	6%	3%
Somewhat true .....	50%	55%	57%	46%
Definitely true.....	43%	34%	26%	41%
i. I exercise regularly				
Definitely false .....	6%	7%	5%	7%
Somewhat false.....	14%	17%	21%	19%
Unsure.....	6%	5%	3%	2%
Somewhat true .....	34%	39%	39%	37%
Definitely true.....	40%	31%	32%	36%

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	Members	Elders	Pastors	Specialized Clergy
Q9. Please indicate how well each of the following statements describes you.				
[Cont.]				
j. I always practice safe driving habits/behaviors				
Definitely false .....	1%	*	*	1%
Somewhat false.....	1%	1%	3%	3%
Unsure.....	2%	2%	2%	1%
Somewhat true .....	32%	36%	46%	41%
Definitely true.....	63%	60%	49%	55%

Q10. When you think about volunteering, how much would you prefer each of these types or aspects of volunteer work?

a. Working as part of a team or group rather than independently

1 Least prefer .....	5%	2%	1%	1%
2 .....	4%	3%	5%	2%
3 .....	15%	24%	18%	19%
4 .....	20%	25%	27%	30%
5 Most prefer.....	47%	40%	45%	44%
6 No opinion .....	9%	6%	4%	4%

b. Advocating for the rights of others

1 Least prefer .....	11%	12%	6%	3%
2 .....	17%	19%	16%	11%
3 .....	25%	25%	24%	21%
4 .....	18%	22%	29%	27%
5 Most prefer.....	16%	13%	21%	36%
6 No opinion .....	13%	9%	4%	2%

c. Advocating for a group of which you are a part

1 Least prefer .....	6%	6%	4%	1%
2 .....	8%	8%	15%	5%
3 .....	24%	27%	25%	29%
4 .....	30%	34%	36%	33%
5 Most prefer.....	21%	18%	15%	27%
6 No opinion .....	10%	6%	5%	4%

d. Helping someone with whom you are connected

1 Least prefer .....	1%	*	—	1%
2 .....	2%	1%	1%	1%
3 .....	11%	12%	12%	16%
4 .....	32%	34%	39%	36%
5 Most prefer.....	52%	50%	46%	45%
6 No opinion .....	3%	2%	2%	2%

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Q10. When you think about volunteering, how much would you prefer each of these types or aspects of volunteer work?  
 [Cont.]

	Members	Elders	Pastors	Specialized Clergy
<b>e. Leading a Bible study or teaching a Sunday school class</b>				
1 Least prefer .....	25%	20%	*	4%
2 .....	15%	19%	4%	12%
3 .....	21%	21%	10%	14%
4 .....	16%	17%	34%	30%
5 Most prefer .....	18%	20%	49%	38%
6 No opinion .....	5%	2%	2%	2%
<b>f. Tutoring, coaching, mentoring, or supporting young people</b>				
1 Least prefer .....	11%	8%	1%	8%
2 .....	16%	16%	9%	10%
3 .....	21%	24%	24%	30%
4 .....	24%	27%	36%	21%
5 Most prefer .....	23%	22%	29%	31%
6 No opinion .....	5%	3%	2%	1%
<b>g. An effort in your community, rather than nationally or internationally</b>				
1 Least prefer .....	2%	1%	1%	—
2 .....	3%	2%	4%	3%
3 .....	15%	16%	34%	34%
4 .....	28%	29%	33%	33%
5 Most prefer .....	44%	45%	21%	19%
6 No opinion .....	8%	5%	7%	10%
<b>h. Mentoring/supporting an adult who needs to develop a work ethic</b>				
1 Least prefer .....	17%	17%	11%	16%
2 .....	24%	20%	31%	28%
3 .....	25%	31%	28%	28%
4 .....	14%	17%	19%	18%
5 Most prefer .....	5%	6%	5%	4%
6 No opinion .....	15%	9%	5%	6%
<b>i. Leading an effort in your congregation, presbytery, synod, or the General Assembly</b>				
1 Least prefer .....	24%	16%	5%	11%
2 .....	24%	16%	10%	17%
3 .....	21%	27%	26%	17%
4 .....	14%	26%	37%	30%
5 Most prefer .....	8%	10%	19%	19%
6 No opinion .....	10%	5%	3%	4%

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Q10. When you think about volunteering, how much would you prefer each of these types or aspects of volunteer work?

[Cont.]

j. An activity that arises spontaneously because of a specific need

	Members	Elders	Pastors	Specialized Clergy
1 Least prefer .....	3%	2%	1%	1%
2 .....	4%	4%	3%	5%
3 .....	26%	25%	23%	26%
4 .....	38%	40%	47%	44%
5 Most prefer .....	22%	24%	24%	19%
6 No opinion .....	7%	5%	3%	4%

k. An activity that provides compassionate care, like hospital visitation

1 Least prefer .....	10%	8%	1%	3%
2 .....	13%	21%	7%	9%
3 .....	26%	27%	19%	22%
4 .....	27%	26%	41%	38%
5 Most prefer .....	20%	16%	30%	26%
6 No opinion .....	5%	3%	1%	2%

l. Singing in a choir or playing with an ensemble or orchestra

1 Least prefer .....	42%	36%	29%	24%
2 .....	13%	13%	15%	18%
3 .....	8%	9%	12%	16%
4 .....	7%	8%	18%	20%
5 Most prefer .....	23%	28%	21%	18%
6 No opinion .....	8%	6%	5%	3%

m. An activity in response to a disaster or community calamity

1 Least prefer .....	4%	2%	1%	1%
2 .....	10%	6%	6%	9%
3 .....	26%	31%	19%	26%
4 .....	29%	32%	44%	40%
5 Most prefer .....	26%	25%	28%	23%
6 No opinion .....	5%	4%	2%	2%

n. An effort for persons who have suffered an injustice

1 Least prefer .....	9%	7%	2%	1%
2 .....	15%	15%	12%	8%
3 .....	32%	34%	29%	22%
4 .....	23%	24%	33%	40%
5 Most prefer .....	13%	14%	21%	26%
6 No opinion .....	9%	7%	3%	3%

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+ = nonresponses of 10% or more on this question (reported percentages for all questions omit nonresponses)

n = number of respondents eligible to answer this question

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Q10. When you think about volunteering, how much would you prefer each of these types or aspects of volunteer work?

[Cont.]

o. An effort to aid or help immigrants

	Members	Elders	Pastors	Specialized Clergy
1 Least prefer .....	18%	16%	5%	5%
2 .....	17%	22%	18%	15%
3 .....	30%	29%	30%	31%
4 .....	17%	17%	30%	32%
5 Most prefer .....	7%	7%	12%	14%
6 No opinion .....	11%	9%	4%	3%

p. An effort that uses your professional skills, expertise, and experience

1 Least prefer .....	2%	2%	—	—
2 .....	3%	2%	2%	1%
3 .....	14%	13%	9%	6%
4 .....	34%	32%	36%	22%
5 Most prefer .....	41%	45%	52%	69%
6 No opinion .....	6%	5%	2%	3%

q. Helping someone who is working to improve the lot of his or her family

1 Least prefer .....	2%	1%	*	—
2 .....	5%	4%	2%	5%
3 .....	25%	22%	18%	22%
4 .....	40%	42%	48%	47%
5 Most prefer .....	20%	25%	29%	23%
6 No opinion .....	7%	5%	3%	3%

r. A particular cause you are passionate about

1 Least prefer .....	2%	1%	—	1%
2 .....	2%	1%	1%	1%
3 .....	13%	12%	8%	5%
4 .....	29%	32%	36%	34%
5 Most prefer .....	46%	50%	52%	56%
6 No opinion .....	8%	4%	2%	3%

s. One that provides tangible results quickly, like building a *Habitat* home

1 Least prefer .....	10%	6%	1%	2%
2 .....	10%	9%	7%	12%
3 .....	26%	30%	28%	34%
4 .....	25%	26%	35%	27%
5 Most prefer .....	18%	21%	24%	19%
6 No opinion .....	11%	8%	5%	6%

Q11. Please answer “yes” or “no” to each of the following items.

a. I moved to a new community in the past three years

No.....	91%	92%	79%	80%
Yes.....	9%	8%	21%	20%

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	Members	Elders	Pastors	Specialized Clergy
Q11. Please answer “yes” or “no” to each of the following items.				
[Cont.]				
b. I have spent more than half of my adult life in a healthy marriage or other domestic partnership				
No.....	20%	23%	26%	31%
Yes.....	80%	77%	74%	69%
c. I have one or more living children				
No.....	11%	15%	12%	20%
Yes.....	89%	85%	88%	80%
d. I am the primary caregiver for someone who requires daily care				
No.....	87%	90%	91%	88%
Yes.....	13%	10%	9%	12%
e. I have a pet dog and/or cat who is very important to me				
No.....	53%	53%	39%	44%
Yes.....	47%	47%	61%	56%
Q12. When you think about growing old and your future, how much do you worry about:				
a. Loss of independence; the need to depend on others?				
1 Not at all.....	9%	7%	8%	10%
2 .....	8%	7%	15%	7%
3 .....	6%	5%	9%	9%
4 Some.....	34%	38%	33%	31%
5 .....	13%	15%	15%	14%
6 .....	12%	14%	13%	18%
7 A great deal .....	18%	13%	7%	11%
b. Finances (having an adequate lifelong income)?				
1 Not at all.....	15%	14%	4%	9%
2 .....	12%	14%	12%	14%
3 .....	10%	8%	7%	8%
4 Some.....	25%	26%	24%	15%
5 .....	13%	12%	20%	16%
6 .....	14%	16%	19%	20%
7 A great deal .....	11%	11%	14%	18%
c. Healthcare availability and cost?				
1 Not at all.....	13%	7%	3%	5%
2 .....	8%	9%	11%	10%
3 .....	8%	8%	7%	8%
4 Some.....	22%	23%	24%	15%
5 .....	15%	15%	20%	17%
6 .....	20%	21%	18%	21%
5 A great deal .....	14%	17%	17%	24%

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n = number of respondents eligible to answer this question

◆ = percentages add to more than 100 because respondents could make more than one response

	Members	Elders	Pastors	Specialized Clergy
Q12. When you think about growing old and your future, how much do you worry about: [Cont.]				
d. Becoming the caregiver of someone else?				
1 Not at all.....	17%	18%	8%	14%
2 .....	10%	12%	17%	14%
3 .....	11%	12%	18%	14%
4 Some.....	31%	32%	29%	26%
5 .....	12%	12%	14%	16%
6 .....	11%	11%	10%	14%
7 A great deal .....	7%	3%	4%	3%
e. Loneliness, being left alone?				
1 Not at all.....	22%	19%	16%	13%
2 .....	18%	16%	23%	20%
3 .....	10%	10%	16%	15%
4 Some.....	24%	27%	22%	24%
5 .....	10%	11%	8%	14%
6 .....	8%	9%	10%	10%
7 A great deal .....	8%	7%	5%	5%
f. End of life?				
1 Not at all.....	31%	30%	36%	32%
2 .....	20%	20%	31%	26%
3 .....	10%	10%	10%	15%
4 Some.....	23%	24%	13%	16%
5 .....	5%	8%	5%	4%
6 .....	5%	6%	5%	5%
7 A great deal .....	6%	3%	1%	2%

Q13. How much do you feel that other people's opinions and expectations for you and your peers influence the following?

a. Your healthcare and treatment decisions

1 Not at all.....	22%	24%	18%	21%
2 .....	18%	13%	15%	18%
3 .....	9%	10%	11%	8%
4 Some.....	32%	34%	34%	32%
5 .....	8%	7%	12%	11%
6 .....	4%	6%	7%	5%
7 A great deal .....	7%	5%	4%	5%

b. Your ability to live independently

1 Not at all.....	31%	29%	24%	26%
2 .....	18%	18%	22%	22%
3 .....	9%	12%	13%	10%
4 Some.....	24%	25%	25%	24%
5 .....	7%	7%	9%	10%
6 .....	5%	6%	5%	5%
7 A great deal .....	6%	3%	2%	3%

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n = number of respondents eligible to answer this question

◆ = percentages add to more than 100 because respondents could make more than one response

Q13. How much do you feel that other people's opinions and expectations for you and your peers influence the following?  
 [Cont.]

**Members      Elders      Pastors      Specialized  
Clergy**

c. Your ability to succeed as a volunteer or employee

1	Not at all.....	34%	32%	19%	21%
2	.....	17%	15%	20%	19%
3	.....	11%	11%	12%	14%
4	Some.....	21%	23%	23%	26%
5	.....	6%	8%	14%	9%
6	.....	7%	8%	9%	6%
7	A great deal.....	3%	2%	4%	3%

d. Your overall self-confidence

1	Not at all.....	26%	21%	16%	15%
2	.....	18%	17%	19%	27%
3	.....	9%	12%	12%	13%
4	Some.....	23%	26%	23%	22%
5	.....	9%	12%	14%	11%
6	.....	10%	9%	13%	9%
7	A great deal.....	6%	4%	4%	3%

e. Your ability to provide care for small children

1	Not at all.....	43%	38%	35%	43%
2	.....	18%	18%	25%	20%
3	.....	11%	11%	16%	14%
4	Some.....	17%	20%	14%	14%
5	.....	5%	6%	6%	4%
6	.....	3%	5%	2%	3%
7	A great deal.....	3%	2%	2%	2%

f. Your ability to manage your own financial affairs

1	Not at all.....	38%	35%	26%	32%
2	.....	16%	22%	24%	26%
3	.....	7%	9%	13%	8%
4	Some.....	19%	20%	19%	17%
5	.....	6%	6%	12%	7%
6	.....	8%	5%	3%	5%
7	A great deal.....	6%	4%	2%	5%

g. Your pursuit of new interests, learning new skills

1	Not at all.....	33%	34%	24%	33%
2	.....	18%	18%	23%	20%
3	.....	11%	12%	17%	13%
4	Some.....	23%	21%	20%	22%
5	.....	7%	7%	8%	7%
6	.....	6%	4%	5%	4%
7	A great deal.....	2%	3%	2%	2%

Note: Percentages may not add to 100 due to rounding

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Q13. How much do you feel that other people's opinions and expectations for you and your peers influence the following?  
 [Cont.]

	Members	Elders	Pastors	Specialized Clergy
<b>h. Your general decision-making</b>				
1 Not at all.....	26%	26%	17%	23%
2 .....	22%	21%	24%	23%
3 .....	11%	13%	16%	15%
4 Some .....	25%	25%	25%	25%
5 .....	7%	8%	9%	5%
6 .....	5%	4%	5%	6%
7 A great deal.....	4%	3%	3%	2%
<b>i. Your likelihood of traveling without other family members</b>				
1 Not at all.....	38%	34%	30%	37%
2 .....	20%	22%	25%	22%
3 .....	7%	13%	14%	14%
4 Some .....	21%	18%	16%	14%
5 .....	6%	5%	6%	5%
6 .....	5%	7%	6%	6%
7 A great deal.....	4%	3%	2%	2%
<b>j. Your enthusiasm in planning for the future</b>				
1 Not at all.....	30%	28%	20%	24%
2 .....	18%	18%	23%	23%
3 .....	9%	11%	11%	8%
4 Some .....	25%	24%	24%	22%
5 .....	7%	10%	11%	13%
6 .....	8%	7%	8%	7%
7 A great deal.....	4%	2%	3%	4%

Q14. What are your expectations regarding aging? Please indicate how true you find the following statements.

<b>a. When people get older, they need to lower their expectations for their health</b>				
1 Definitely false.....	20%	15%	10%	17%
2 .....	13%	14%	12%	15%
3 .....	10%	11%	9%	7%
4 Neither false nor true.....	25%	28%	24%	18%
5 .....	15%	16%	24%	22%
6 .....	8%	10%	16%	13%
7 Definitely true .....	11%	6%	5%	7%
<b>b. The body is like a car – when it gets old, it gets worn out</b>				
1 Definitely false.....	7%	6%	4%	5%
2 .....	11%	7%	7%	11%
3 .....	6%	7%	9%	5%
4 Neither false nor true.....	20%	20%	17%	17%
5 .....	25%	30%	33%	29%
6 .....	17%	17%	21%	22%
7 Definitely true .....	14%	13%	8%	11%

Note: Percentages may not add to 100 due to rounding

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n = number of respondents eligible to answer this question

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Q14. What are your expectations regarding aging? Please indicate how true you find the following statements.

[Cont.]

c. Having more aches and pains is an accepted part of aging

1	Definitely false.....	5%	3%	2%	1%
2	.....	5%	5%	4%	7%
3	.....	5%	4%	5%	8%
4	Neither false nor true.....	13%	12%	9%	9%
5	.....	33%	32%	41%	37%
6	.....	22%	25%	28%	25%
7	Definitely true .....	18%	18%	11%	14%

d. Every year that people age, their energy levels go down a little more

1	Definitely false.....	3%	5%	2%	4%
2	.....	9%	8%	11%	16%
3	.....	10%	8%	11%	12%
4	Neither false nor true.....	29%	27%	28%	26%
5	.....	23%	27%	32%	27%
6	.....	14%	15%	13%	11%
7	Definitely true .....	12%	10%	4%	5%

e. I expect that as I get older I will spend less time with friends and family

1	Definitely false.....	38%	36%	31%	38%
2	.....	25%	26%	34%	29%
3	.....	8%	12%	16%	15%
4	Neither false nor true.....	20%	19%	12%	12%
5	.....	4%	4%	4%	3%
6	.....	2%	3%	2%	2%
7	Definitely true .....	3%	1%	1%	1%

f. Being lonely is just something that happens when people get old

1	Definitely false.....	38%	37%	34%	39%
2	.....	22%	20%	28%	26%
3	.....	10%	12%	11%	10%
4	Neither false nor true.....	19%	19%	20%	17%
5	.....	6%	6%	6%	6%
6	.....	2%	4%	1%	2%
7	Definitely true .....	3%	1%	1%	1%

g. I expect that others will not need me as much when I get older

1	Definitely false.....	18%	17%	14%	23%
2	.....	19%	17%	24%	25%
3	.....	12%	11%	14%	11%
4	Neither false nor true.....	23%	24%	17%	16%
5	.....	14%	17%	18%	14%
6	.....	7%	10%	11%	10%
7	Definitely true .....	6%	4%	2%	1%

Note: Percentages may not add to 100 due to rounding

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n = number of respondents eligible to answer this question

◆ = percentages add to more than 100 because respondents could make more than one response

	Members	Elders	Pastors	Specialized Clergy	
Q14. What are your expectations regarding aging? Please indicate how true you find the following statements.					
[Cont.]					
h. I expect that as I get older I will become more forgetful					
1	Definitely false.....	2%	5%	2%	6%
2	.....	7%	7%	8%	9%
3	.....	6%	6%	8%	10%
4	Neither false nor true.....	21%	19%	18%	22%
5	.....	28%	30%	34%	27%
6	.....	22%	21%	20%	18%
7	Definitely true .....	14%	12%	10%	9%
i. Forgetfulness is a natural occurrence just from growing old					
1	Definitely false.....	6%	5%	3%	10%
2	.....	6%	8%	13%	12%
3	.....	5%	7%	12%	9%
4	Neither false nor true.....	30%	23%	23%	26%
5	.....	29%	30%	29%	26%
6	.....	14%	19%	14%	12%
7	Definitely true .....	11%	8%	5%	6%
j. It's an accepted part of aging to have trouble remembering names					
1	Definitely false.....	5%	4%	3%	8%
2	.....	7%	7%	12%	12%
3	.....	7%	7%	12%	10%
4	Neither false nor true.....	23%	23%	25%	24%
5	.....	28%	30%	27%	26%
6	.....	19%	21%	16%	10%
7	Definitely true .....	11%	8%	5%	9%
k. It is impossible to escape the mental slowness that happens with aging					
1	Definitely false.....	11%	11%	8%	16%
2	.....	16%	17%	21%	23%
3	.....	13%	13%	19%	22%
4	Neither false nor true.....	27%	27%	24%	15%
5	.....	18%	17%	19%	16%
6	.....	9%	10%	7%	7%
7	Definitely true .....	6%	4%	3%	2%
l. Quality of life declines as people age					
1	Definitely false.....	16%	14%	11%	18%
2	.....	20%	19%	24%	32%
3	.....	10%	15%	20%	13%
4	Neither false nor true.....	27%	24%	22%	19%
5	.....	12%	17%	14%	14%
6	.....	9%	8%	6%	3%
7	Definitely true .....	5%	3%	2%	1%

Note: Percentages may not add to 100 due to rounding

\* = less than 0.5%; rounds to zero

— = zero (0.0); no cases in this category

+ = nonresponses of 10% or more on this question (reported percentages for all questions omit nonresponses)

n = number of respondents eligible to answer this question

◆ = percentages add to more than 100 because respondents could make more than one response

Q14. What are your expectations regarding aging? Please indicate how true you find the following statements.

[Cont.]

m. It's normal to be depressed when you are old

1	Definitely false.....	35%	36%	31%	39%
2	.....	22%	24%	28%	27%
3	.....	10%	11%	14%	10%
4	Neither false nor true.....	23%	20%	20%	16%
5	.....	6%	7%	7%	7%
6	.....	2%	1%	1%	1%
7	Definitely true .....	2%	1%	*	1%

n. Most people do not value older people as much as they do younger people

1	Definitely false.....	12%	9%	4%	5%
2	.....	7%	8%	10%	10%
3	.....	7%	12%	11%	10%
4	Neither false nor true.....	24%	26%	17%	19%
5	.....	24%	19%	28%	25%
6	.....	15%	21%	24%	24%
7	Definitely true .....	10%	6%	7%	8%

o. Most people will begin to doubt my wisdom and capabilities as I get older

1	Definitely false.....	12%	13%	6%	12%
2	.....	16%	14%	22%	24%
3	.....	11%	12%	14%	17%
4	Neither false nor true.....	31%	31%	28%	28%
5	.....	18%	21%	18%	14%
6	.....	9%	6%	10%	5%
7	Definitely true .....	4%	2%	1%	1%

p. People will assume my health problems (illnesses) are the result of my age

1	Definitely false.....	5%	6%	3%	5%
2	.....	8%	6%	10%	11%
3	.....	9%	7%	9%	9%
4	Neither false nor true.....	29%	29%	24%	28%
5	.....	26%	30%	33%	28%
6	.....	18%	17%	19%	16%
7	Definitely true .....	5%	6%	2%	3%

q. People will treat me as less capable as I get older

1	Definitely false.....	7%	7%	4%	7%
2	.....	12%	9%	12%	11%
3	.....	10%	10%	13%	14%
4	Neither false nor true.....	23%	26%	24%	24%
5	.....	30%	33%	30%	32%
6	.....	12%	12%	14%	10%
7	Definitely true .....	6%	4%	3%	2%

Note: Percentages may not add to 100 due to rounding

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Q14. What are your expectations regarding aging? Please indicate how true you find the following statements.

[Cont.]

r. One has a greater value to society if one is a “contributing” member

	Members	Elders	Pastors	Specialized Clergy
1 Definitely false.....	4%	5%	12%	7%
2 .....	4%	2%	11%	8%
3 .....	2%	2%	7%	4%
4 Neither false nor true.....	17%	15%	17%	22%
5 .....	18%	18%	26%	26%
6 .....	26%	30%	15%	19%
7 Definitely true .....	29%	28%	12%	14%

Q15. Generally, how satisfactory has your life been, thus far? Please indicate how true you find the following statements.

a. As I grow older, things seem better than I expected

	Members	Elders	Pastors	Specialized Clergy
1 Definitely false.....	2%	1%	1%	1%
2 .....	2%	2%	4%	3%
3 .....	4%	3%	5%	6%
4 Neither false nor true.....	28%	30%	29%	27%
5 .....	17%	21%	21%	22%
6 .....	25%	22%	26%	26%
7 Definitely true .....	22%	21%	14%	15%

b. I am just as happy as I was when I was younger

	Members	Elders	Pastors	Specialized Clergy
1 Definitely false.....	6%	1%	2%	1%
2 .....	3%	3%	7%	5%
3 .....	6%	7%	12%	14%
4 Neither false nor true.....	14%	18%	14%	16%
5 .....	21%	15%	16%	15%
6 .....	24%	27%	27%	26%
7 Definitely true .....	27%	29%	21%	24%

c. I have gotten more breaks in life than most people

	Members	Elders	Pastors	Specialized Clergy
1 Definitely false.....	2%	4%	2%	4%
2 .....	3%	3%	3%	5%
3 .....	3%	5%	5%	4%
4 Neither false nor true.....	24%	28%	20%	17%
5 .....	18%	18%	20%	20%
6 .....	22%	22%	29%	27%
7 Definitely true .....	27%	21%	21%	24%

d. This is the dreariest time in my life

	Members	Elders	Pastors	Specialized Clergy
1 Definitely false.....	54%	57%	51%	63%
2 .....	18%	16%	22%	16%
3 .....	7%	6%	6%	4%
4 Neither false nor true.....	10%	12%	11%	7%
5 .....	4%	5%	4%	5%
6 .....	2%	2%	4%	3%
7 Definitely true .....	5%	2%	2%	2%

Note: Percentages may not add to 100 due to rounding

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Q15. Generally, how satisfactory has your life been, thus far? Please indicate how true you find the following statements.  
 [cont.]

	Members	Elders	Pastors	Specialized Clergy
e. My life could be happier than it is now				
1 Definitely false.....	18%	15%	10%	12%
2 .....	13%	17%	17%	13%
3 .....	6%	9%	6%	7%
4 Neither false nor true.....	22%	23%	16%	14%
5 .....	19%	19%	29%	26%
6 .....	13%	10%	15%	21%
7 Definitely true .....	9%	7%	7%	8%
f. These are the best years of my life				
1 Definitely false.....	6%	3%	2%	3%
2 .....	8%	5%	5%	5%
3 .....	7%	11%	7%	8%
4 Neither false nor true.....	36%	37%	36%	32%
5 .....	13%	17%	20%	16%
6 .....	19%	16%	20%	21%
7 Definitely true .....	11%	12%	10%	15%
g. Most of the things I do are boring or monotonous				
1 Definitely false.....	43%	42%	40%	43%
2 .....	24%	28%	32%	27%
3 .....	8%	11%	13%	8%
4 Neither false nor true.....	14%	11%	9%	13%
5 .....	7%	4%	3%	7%
6 .....	2%	3%	2%	1%
7 Definitely true .....	3%	1%	1%	1%
h. I expect positive things to happen to me in the future				
1 Definitely false.....	2%	2%	1%	—
2 .....	*	3%	1%	1%
3 .....	2%	1%	2%	1%
4 Neither false nor true.....	16%	11%	6%	8%
5 .....	16%	21%	19%	17%
6 .....	33%	32%	39%	34%
7 Definitely true .....	32%	30%	34%	40%
i. The things I do are as interesting to me as ever				
1 Definitely false.....	2%	2%	1%	1%
2 .....	2%	3%	2%	2%
3 .....	4%	6%	5%	3%
4 Neither false nor true.....	12%	10%	8%	6%
5 .....	16%	21%	21%	20%
6 .....	33%	29%	39%	31%
7 Definitely true .....	30%	29%	24%	38%

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- n = number of respondents eligible to answer this question
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Q15. Generally, how satisfactory has your life been, thus far? Please indicate how true you find the following statements.

[Cont.]

j. I feel old and somewhat tired

	Members	Elders	Pastors	Specialized Clergy
1 Definitely false.....	21%	21%	16%	19%
2 .....	21%	20%	25%	20%
3 .....	13%	10%	16%	12%
4 Neither false nor true.....	22%	20%	18%	20%
5 .....	13%	18%	16%	22%
6 .....	7%	7%	6%	7%
7 Definitely true .....	4%	4%	2%	1%

k. As I look back on my life I am fairly well satisfied

1 Definitely false.....	1%	1%	1%	1%
2 .....	1%	2%	2%	1%
3 .....	4%	4%	6%	5%
4 Neither false nor true.....	6%	7%	5%	8%
5 .....	17%	21%	21%	19%
6 .....	39%	34%	41%	40%
7 Definitely true .....	32%	32%	25%	26%

l. I would not change my past life even if I could

1 Definitely false.....	7%	8%	8%	9%
2 .....	8%	10%	10%	9%
3 .....	9%	10%	14%	18%
4 Neither false nor true.....	17%	18%	13%	13%
5 .....	12%	12%	11%	11%
6 .....	21%	18%	23%	23%
7 Definitely true .....	24%	24%	20%	18%

m. Compared to other people my age I look good

1 Definitely false.....	2%	*	1%	1%
2 .....	1%	1%	2%	2%
3 .....	2%	2%	5%	4%
4 Neither false nor true.....	15%	16%	20%	14%
5 .....	24%	18%	20%	23%
6 .....	31%	37%	32%	31%
7 Definitely true .....	26%	26%	19%	25%

n. I have made plans for things I will be doing in a month or a year from now

1 Definitely false.....	3%	3%	1%	2%
2 .....	2%	2%	2%	2%
3 .....	2%	3%	2%	1%
4 Neither false nor true.....	8%	7%	5%	4%
5 .....	12%	11%	14%	15%
6 .....	24%	29%	30%	25%
7 Definitely true .....	49%	44%	46%	51%

Note: Percentages may not add to 100 due to rounding

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— = zero (0.0); no cases in this category

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n = number of respondents eligible to answer this question

◆ = percentages add to more than 100 because respondents could make more than one response

Q15. Generally, how satisfactory has your life been, thus far? Please indicate how true you find the following statements.

[Cont.]

o. When I think back over my life, I didn't get most of the important things I wanted

	Members	Elders	Pastors	Specialized Clergy
1 Definitely false.....	37%	35%	31%	41%
2 .....	34%	28%	34%	26%
3 .....	8%	11%	12%	9%
4 Neither false nor true.....	13%	18%	12%	14%
5 .....	4%	5%	7%	8%
6 .....	3%	2%	2%	2%
7 Definitely true .....	2%	1%	2%	1%

p. Compared to other people, I get down in the dumps too often

	Members	Elders	Pastors	Specialized Clergy
1 Definitely false.....	47%	49%	36%	41%
2 .....	27%	22%	27%	23%
3 .....	8%	7%	8%	6%
4 Neither false nor true.....	8%	14%	14%	16%
5 .....	5%	4%	8%	10%
6 .....	4%	2%	5%	4%
7 Definitely true .....	1%	2%	1%	1%

q. I've gotten pretty much what I expected out of life

	Members	Elders	Pastors	Specialized Clergy
1 Definitely false.....	2%	2%	2%	4%
2 .....	3%	3%	4%	5%
3 .....	6%	5%	7%	8%
4 Neither false nor true.....	16%	26%	22%	28%
5 .....	16%	18%	25%	18%
6 .....	36%	30%	29%	28%
7 Definitely true .....	22%	16%	12%	9%

r. In spite of what some people say, the lot of the average person is getting worse, not better

	Members	Elders	Pastors	Specialized Clergy
1 Definitely false.....	19%	19%	12%	12%
2 .....	20%	17%	24%	16%
3 .....	7%	11%	13%	13%
4 Neither false nor true.....	35%	29%	31%	29%
5 .....	11%	10%	13%	20%
6 .....	6%	9%	6%	8%
7 Definitely true .....	2%	4%	2%	2%

Q16. To what extent would you say the following statements are true for you?

a. I find it very hard to accept or be happy with myself

	Members	Elders	Pastors	Specialized Clergy
1 Not at all true .....	47%	45%	35%	39%
2 .....	21%	26%	29%	31%
3 .....	8%	9%	13%	7%
4 Somewhat true.....	13%	12%	13%	11%
5 .....	5%	4%	4%	6%
6 .....	4%	4%	3%	3%
7 Very true .....	2%	2%	2%	2%

Note: Percentages may not add to 100 due to rounding

\* = less than 0.5%; rounds to zero

— = zero (0.0); no cases in this category

+ = nonresponses of 10% or more on this question (reported percentages for all questions omit nonresponses)

n = number of respondents eligible to answer this question

◆ = percentages add to more than 100 because respondents could make more than one response

	Members	Elders	Pastors	Specialized Clergy	
<b>Q16. To what extent would you say the following statements are true for you?</b>					
[Cont.]					
b. I often do things because I feel I have to, not because I want to					
1	Not at all true .....	14%	11%	8%	13%
2	.....	17%	19%	16%	23%
3	.....	14%	15%	22%	19%
4	Somewhat true.....	32%	36%	28%	30%
5	.....	9%	10%	15%	9%
6	.....	9%	6%	9%	4%
7	Very true .....	5%	3%	2%	1%
c. I often feel uncertain about the impression I make on other people					
1	Not at all true .....	18%	16%	12%	17%
2	.....	23%	26%	28%	34%
3	.....	16%	16%	19%	19%
4	Somewhat true.....	25%	28%	23%	14%
5	.....	10%	9%	11%	12%
6	.....	6%	4%	5%	3%
7	Very true .....	2%	2%	2%	2%
d. I do a lot of things that I would rather not do					
1	Not at all true .....	26%	20%	14%	26%
2	.....	28%	34%	32%	35%
3	.....	16%	22%	21%	15%
4	Somewhat true.....	18%	15%	19%	15%
5	.....	7%	7%	8%	5%
6	.....	3%	2%	4%	2%
7	Very true .....	2%	1%	1%	2%
e. I often feel I have to prove myself					
1	Not at all true .....	31%	33%	14%	22%
2	.....	20%	24%	27%	26%
3	.....	14%	12%	16%	16%
4	Somewhat true.....	16%	18%	17%	17%
5	.....	8%	7%	14%	12%
6	.....	6%	5%	9%	5%
7	Very true .....	4%	2%	2%	2%
f. In my experience there is more in life than I can perceive with my senses					
1	Not at all true .....	7%	5%	2%	1%
2	.....	6%	7%	2%	2%
3	.....	8%	3%	3%	2%
4	Somewhat true.....	21%	23%	8%	6%
5	.....	12%	13%	12%	10%
6	.....	18%	24%	27%	28%
7	Very true .....	28%	25%	45%	51%

Note: Percentages may not add to 100 due to rounding

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— = zero (0.0); no cases in this category

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	Members	Elders	Pastors	Specialized Clergy
Q16. To what extent would you say the following statements are true for you?				
[Cont.]				
g. It is my opinion that my life is meaningful				
1	Not at all true .....	2%	1%	1%
2	.....	2%	—	—
3	.....	1%	—	—
4	Somewhat true.....	9%	4%	2%
5	.....	10%	8%	7%
6	.....	32%	31%	27%
7	Very true .....	46%	57%	63%
h. I think I am part of a meaningful entity				
1	Not at all true .....	2%	*	1%
2	.....	1%	1%	1%
3	.....	1%	1%	—
4	Somewhat true.....	8%	9%	2%
5	.....	11%	9%	6%
6	.....	31%	34%	28%
7	Very true .....	46%	46%	59%
i. My life has such a deep meaning that it surpasses my personal interests				
1	Not at all true .....	6%	4%	2%
2	.....	7%	7%	3%
3	.....	14%	11%	7%
4	Somewhat true.....	30%	34%	13%
5	.....	16%	17%	15%
6	.....	17%	15%	29%
7	Very true .....	10%	12%	31%
j. My ideals inspire me				
1	Not at all true .....	2%	1%	1%
2	.....	4%	4%	2%
3	.....	8%	10%	3%
4	Somewhat true.....	29%	28%	11%
5	.....	18%	18%	17%
6	.....	24%	24%	36%
7	Very true .....	16%	16%	31%
k. Deep inside I feel free				
1	Not at all true .....	2%	2%	1%
2	.....	5%	4%	4%
3	.....	8%	7%	6%
4	Somewhat true.....	24%	20%	15%
5	.....	16%	17%	19%
6	.....	21%	28%	33%
7	Very true .....	24%	21%	22%

Note: Percentages may not add to 100 due to rounding

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	Members	Elders	Pastors	Specialized Clergy
<b>Q16. To what extent would you say the following statements are true for you?</b>				
[Cont.]				
l. I completely approve of the things that I do				
1	Not at all true .....	3%	1%	1%
2	.....	5%	4%	4%
3	.....	7%	10%	13%
4	Somewhat true.....	23%	22%	20%
5	.....	20%	20%	22%
6	.....	28%	29%	28%
7	Very true .....	13%	14%	12%
m. I'll remain motivated to carry on even in times of bad luck				
1	Not at all true .....	1%	*	1%
2	.....	1%	1%	—
3	.....	2%	3%	1%
4	Somewhat true.....	16%	14%	11%
5	.....	19%	21%	18%
6	.....	33%	38%	44%
7	Very true .....	27%	23%	26%
n. Even in busy times I experience feelings of inner calmness				
1	Not at all true .....	3%	1%	2%
2	.....	4%	2%	3%
3	.....	8%	7%	5%
4	Somewhat true.....	24%	26%	15%
5	.....	18%	19%	24%
6	.....	28%	29%	32%
7	Very true .....	17%	15%	19%

**Q17. How would you describe your connections with your faith community? Please indicate how true you find the following statements.**

a. I go to church because I feel part of a community

1	Definitely false.....	4%	2%	2%	3%
2	.....	3%	1%	2%	1%
3	.....	2%	1%	2%	3%
4	Neither false nor true.....	12%	11%	12%	12%
5	.....	11%	13%	12%	19%
6	.....	22%	24%	22%	14%
7	Definitely true .....	46%	47%	47%	46%

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Q17. How would you describe your connections with your faith community? Please indicate how true you find the [Cont.] following statements.

b. I go to church mainly because I enjoy the fellowship of people I know there

	Members	Elders	Pastors	Specialized Clergy
1 Definitely false.....	2%	4%	3%	5%
2 .....	4%	2%	5%	4%
3 .....	4%	4%	5%	6%
4 Neither false nor true.....	20%	17%	23%	20%
5 .....	17%	21%	22%	28%
6 .....	25%	22%	20%	17%
7 Definitely true .....	28%	31%	23%	20%

c. My beliefs help me feel compassion/love for others

	Members	Elders	Pastors	Specialized Clergy
1 Definitely false.....*	—	—	—	1%
2 .....	*	*	*	1%
3 .....	*	1%	—	—
4 Neither false nor true.....	4%	3%	2%	3%
5 .....	12%	11%	10%	10%
6 .....	34%	33%	28%	27%
7 Definitely true .....	50%	52%	60%	58%

d. The church is a place to form good social relationships and networks

	Members	Elders	Pastors	Specialized Clergy
1 Definitely false.....	1%	2%	1%	2%
2 .....	2%	2%	1%	3%
3 .....	2%	2%	2%	1%
4 Neither false nor true.....	15%	14%	11%	14%
5 .....	18%	21%	22%	28%
6 .....	30%	27%	29%	23%
7 Definitely true .....	32%	32%	34%	29%

e. I feel I am connected to all humanity

	Members	Elders	Pastors	Specialized Clergy
1 Definitely false.....	1%	1%	1%	—
2 .....	3%	2%	4%	3%
3 .....	3%	3%	4%	4%
4 Neither false nor true.....	20%	22%	13%	12%
5 .....	22%	20%	18%	15%
6 .....	27%	27%	26%	30%
7 Definitely true .....	24%	25%	34%	36%

f. It doesn't matter so much what I believe as long as I live a moral life

	Members	Elders	Pastors	Specialized Clergy
1 Definitely false.....	34%	36%	42%	29%
2 .....	17%	17%	26%	26%
3 .....	10%	12%	15%	16%
4 Neither false nor true.....	18%	16%	11%	16%
5 .....	9%	9%	3%	7%
6 .....	6%	5%	2%	4%
7 Definitely true .....	5%	5%	2%	2%

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Q17. How would you describe your connections with your faith community? Please indicate how true you find the [Cont.] following statements.

g. What religion offers most is comfort in times of sorrow or misfortune

	Members	Elders	Pastors	Specialized Clergy
1 Definitely false.....	14%	13%	20%	13%
2 .....	13%	13%	20%	18%
3 .....	11%	9%	16%	14%
4 Neither false nor true.....	24%	30%	24%	30%
5 .....	15%	17%	12%	16%
6 .....	15%	10%	6%	6%
7 Definitely true .....	8%	7%	2%	4%

h. Nothing is as important to me as serving God

	Members	Elders	Pastors	Specialized Clergy
1 Definitely false.....	3%	*	1%	1%
2 .....	1%	2%	2%	1%
3 .....	5%	5%	1%	3%
4 Neither false nor true.....	13%	14%	5%	12%
5 .....	20%	17%	15%	19%
6 .....	24%	34%	33%	29%
7 Definitely true .....	34%	30%	45%	35%

i. I go to church primarily to worship

	Members	Elders	Pastors	Specialized Clergy
1 Definitely false.....	1%	1%	2%	1%
2 .....	*	*	1%	2%
3 .....	4%	4%	3%	4%
4 Neither false nor true.....	10%	11%	10%	10%
5 .....	16%	17%	14%	17%
6 .....	30%	31%	36%	33%
7 Definitely true .....	38%	36%	35%	33%

j. I have a responsibility to help others

	Members	Elders	Pastors	Specialized Clergy
1 Definitely false.....	*	—	—	—
2 .....	—	1%	—	—
3 .....	1%	*	1%	1%
4 Neither false nor true.....	5%	3%	1%	2%
5 .....	12%	16%	12%	12%
6 .....	35%	38%	34%	35%
7 Definitely true .....	46%	42%	53%	50%

k. My faith involves all aspects of my life

	Members	Elders	Pastors	Specialized Clergy
1 Definitely false.....	*	*	—	—
2 .....	—	1%	—	1%
3 .....	2%	2%	—	1%
4 Neither false nor true.....	8%	7%	1%	2%
5 .....	12%	14%	5%	5%
6 .....	31%	32%	27%	28%
7 Definitely true .....	46%	44%	67%	64%

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Q17. How would you describe your connections with your faith community? Please indicate how true you find the [Cont.] following statements.

**l. In my life I experience the presence of the divine**

1	Definitely false	1%	*	*	—
2		2%	2%	1%	1%
3		2%	3%	1%	1%
4	Neither false nor true	8%	12%	1%	2%
5		21%	16%	9%	12%
6		27%	28%	29%	25%
7	Definitely true	39%	39%	60%	60%

**m. My faith sometimes restricts my actions**

1	Definitely false	10%	10%	2%	6%
2		8%	6%	4%	6%
3		8%	6%	4%	5%
4	Neither false nor true	16%	21%	8%	10%
5		16%	18%	19%	24%
6		23%	25%	30%	25%
7	Definitely true	20%	14%	32%	25%

**n. It is important to me to spend time in private religious thought and reflection**

1	Definitely false	2%	*	*	1%
2		2%	2%	—	3%
3		3%	5%	1%	3%
4	Neither false nor true	9%	12%	3%	8%
5		17%	20%	14%	19%
6		31%	29%	30%	24%
7	Definitely true	37%	32%	52%	44%

**o. My life experiences have led me to reshape my religious convictions**

1	Definitely false	4%	5%	2%	1%
2		5%	7%	3%	2%
3		6%	4%	5%	2%
4	Neither false nor true	18%	20%	10%	11%
5		16%	19%	18%	18%
6		27%	23%	30%	29%
7	Definitely true	24%	22%	33%	35%

**p. Tensions in today's world cause me to form and ponder religious questions**

1	Definitely false	6%	5%	2%	1%
2		5%	7%	2%	3%
3		4%	7%	4%	3%
4	Neither false nor true	18%	21%	10%	8%
5		20%	22%	20%	24%
6		29%	25%	33%	28%
7	Definitely true	18%	14%	27%	33%

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Q17. How would you describe your connections with your faith community? Please indicate how true you find the [Cont.] following statements.

q. I expect my religious beliefs and convictions to change in the next few years

	Members	Elders	Pastors	Specialized Clergy
1 Definitely false.....	35%	36%	16%	12%
2 .....	21%	18%	18%	16%
3 .....	9%	10%	10%	12%
4 Neither false nor true.....	20%	22%	19%	24%
5 .....	7%	5%	18%	16%
6 .....	6%	6%	14%	9%
7 Definitely true .....	2%	2%	6%	10%

r. There are many religious issues on which my views are still changing

	Members	Elders	Pastors	Specialized Clergy
1 Definitely false.....	14%	16%	7%	4%
2 .....	17%	16%	14%	11%
3 .....	11%	11%	14%	17%
4 Neither false nor true.....	22%	22%	14%	16%
5 .....	18%	16%	25%	22%
6 .....	13%	11%	16%	17%
7 Definitely true .....	5%	7%	10%	13%

s. God wasn't as important to me until I began to look for meaning in my life

	Members	Elders	Pastors	Specialized Clergy
1 Definitely false.....	24%	24%	21%	23%
2 .....	16%	17%	19%	23%
3 .....	6%	8%	12%	12%
4 Neither false nor true.....	22%	28%	23%	16%
5 .....	15%	10%	11%	9%
6 .....	10%	11%	9%	8%
7 Definitely true .....	7%	4%	6%	8%

t. For me, doubting is an important part of what it means to be religious

	Members	Elders	Pastors	Specialized Clergy
1 Definitely false.....	14%	16%	4%	3%
2 .....	9%	13%	7%	5%
3 .....	7%	8%	4%	3%
4 Neither false nor true.....	25%	24%	10%	11%
5 .....	18%	12%	25%	20%
6 .....	17%	18%	31%	30%
7 Definitely true .....	10%	10%	20%	28%

u. As I grow and change, I expect my church and denomination also to grow and change

	Members	Elders	Pastors	Specialized Clergy
1 Definitely false.....	7%	6%	4%	3%
2 .....	7%	5%	7%	6%
3 .....	7%	6%	6%	6%
4 Neither false nor true.....	27%	28%	17%	15%
5 .....	19%	19%	19%	20%
6 .....	20%	22%	24%	24%
7 Definitely true .....	14%	15%	23%	26%

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	Members	Elders	Pastors	Specialized Clergy
Q18. Please answer the following questions related to your health.				
a. People play a big part in whether I stay well/healthy				
1	Definitely false..... 10%	7%	4%	5%
2	..... 7%	7%	7%	5%
3	..... 5%	4%	6%	5%
4	Neither false nor true..... 21%	26%	18%	21%
5	..... 22%	24%	30%	24%
6	..... 17%	18%	21%	25%
7	Definitely true ..... 18%	14%	15%	15%
b. When I am ill, prayer gives me hope that I will recover				
1	Definitely false..... 2%	1%	1%	2%
2	..... 2%	1%	1%	1%
3	..... 2%	3%	1%	4%
4	Neither false nor true..... 14%	11%	12%	18%
5	..... 14%	20%	26%	21%
6	..... 27%	28%	32%	28%
7	Definitely true ..... 40%	37%	27%	27%
c. Often I feel that no matter what I do, if I am going to get sick, I will get sick				
1	Definitely false..... 23%	21%	16%	19%
2	..... 19%	18%	22%	18%
3	..... 11%	10%	20%	18%
4	Neither false nor true..... 26%	28%	22%	20%
5	..... 10%	11%	13%	15%
6	..... 9%	9%	5%	8%
7	Definitely true ..... 3%	3%	2%	2%
d. I can typically manage to solve the most difficult problems if I try hard enough				
1	Definitely false..... 1%	1%	1%	1%
2	..... 1%	3%	4%	2%
3	..... 3%	2%	6%	4%
4	Neither false nor true..... 11%	12%	16%	10%
5	..... 22%	21%	30%	32%
6	..... 40%	42%	33%	34%
7	Definitely true ..... 22%	19%	11%	16%
e. If someone opposes me, I can usually find the means and ways to get what I want				
1	Definitely false..... 7%	4%	4%	3%
2	..... 8%	10%	8%	5%
3	..... 9%	10%	11%	14%
4	Neither false nor true..... 48%	46%	39%	50%
5	..... 14%	18%	27%	20%
6	..... 11%	9%	10%	9%
7	Definitely true ..... 3%	3%	2%	1%

Note: Percentages may not add to 100 due to rounding

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n = number of respondents eligible to answer this question

◆ = percentages add to more than 100 because respondents could make more than one response

	Members	Elders	Pastors	Specialized Clergy
Q18. Please answer the following questions related to your health.				
[Cont.]				
f. It is easy for me to persevere to accomplish my goals				
1	Definitely false..... 1%	1%	*	—
2	..... 3%	2%	2%	1%
3	..... 8%	10%	10%	8%
4	Neither false nor true..... 17%	20%	11%	11%
5	..... 26%	25%	38%	39%
6	..... 31%	28%	30%	27%
7	Definitely true ..... 15%	14%	9%	16%
g. I am confident that I can deal effectively with unexpected events				
1	Definitely false..... 1%	1%	1%	—
2	..... 2%	2%	*	1%
3	..... 5%	5%	3%	4%
4	Neither false nor true..... 12%	10%	4%	7%
5	..... 26%	26%	25%	29%
6	..... 35%	40%	51%	41%
7	Definitely true ..... 20%	16%	16%	18%
h. I can solve most problems if I invest enough effort				
1	Definitely false..... 1%	—	1%	—
2	..... 1%	3%	3%	2%
3	..... 2%	4%	5%	3%
4	Neither false nor true..... 11%	11%	12%	14%
5	..... 27%	24%	32%	33%
6	..... 40%	41%	37%	32%
7	Definitely true ..... 19%	18%	10%	16%
i. I remain calm when facing difficulties because I rely on my coping abilities				
1	Definitely false..... 2%	2%	1%	1%
2	..... 4%	3%	3%	2%
3	..... 8%	9%	7%	7%
4	Neither false nor true..... 18%	14%	12%	12%
5	..... 20%	26%	34%	32%
6	..... 32%	35%	33%	33%
7	Definitely true ..... 16%	12%	11%	13%
j. When I am confronted by a problem I usually solve it				
1	Definitely false.....*	*	1%	—
2	..... 1%	1%	1%	—
3	..... 2%	2%	2%	1%
4	Neither false nor true..... 12%	8%	10%	10%
5	..... 25%	27%	32%	31%
6	..... 40%	44%	44%	40%
7	Definitely true ..... 19%	17%	11%	18%

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+ = nonresponses of 10% or more on this question (reported percentages for all questions omit nonresponses)

n = number of respondents eligible to answer this question

◆ = percentages add to more than 100 because respondents could make more than one response

	Members	Elders	Pastors	Specialized Clergy
Q18. Please answer the following questions related to your health.				
[Cont.]				
k. If I am in trouble, I can usually think of a solution				
1	Definitely false.....*	*	1%	—
2	.....*	1%	1%	—
3	.....2%	3%	2%	2%
4	Neither false nor true.....11%	10%	8%	7%
5	.....26%	29%	35%	34%
6	.....43%	42%	44%	41%
7	Definitely true.....17%	14%	11%	15%
l. I can usually handle whatever comes my way				
1	Definitely false.....—	*	—	—
2	.....1%	*	*	—
3	.....3%	3%	1%	1%
4	Neither false nor true.....6%	9%	6%	9%
5	.....27%	24%	30%	31%
6	.....42%	48%	49%	44%
7	Definitely true.....20%	15%	14%	16%
m. If I become sick – when I do – my actions will influence my recovery				
1	Definitely false.....1%	1%	1%	—
2	.....2%	2%	*	1%
3	.....*	1%	1%	1%
4	Neither false nor true.....10%	15%	8%	8%
5	.....20%	22%	31%	25%
6	.....41%	38%	41%	41%
7	Definitely true.....26%	21%	19%	25%
n. When I stay healthy, I'm just plain lucky				
1	Definitely false.....21%	19%	20%	18%
2	.....21%	23%	28%	25%
3	.....15%	17%	20%	24%
4	Neither false nor true.....28%	28%	21%	20%
5	.....6%	6%	8%	8%
6	.....7%	6%	2%	4%
7	Definitely true.....3%	2%	1%	1%
o. Following doctor's orders to the letter is the best way for me to stay healthy				
1	Definitely false.....1%	1%	2%	2%
2	.....5%	3%	5%	5%
3	.....9%	8%	8%	14%
4	Neither false nor true.....22%	26%	22%	25%
5	.....24%	24%	31%	28%
6	.....22%	24%	27%	20%
7	Definitely true.....17%	14%	5%	6%

Note: Percentages may not add to 100 due to rounding

\* = less than 0.5%; rounds to zero

— = zero (0.0); no cases in this category

+ = nonresponses of 10% or more on this question (reported percentages for all questions omit nonresponses)

n = number of respondents eligible to answer this question

◆ = percentages add to more than 100 because respondents could make more than one response

	Members	Elders	Pastors	Specialized Clergy
Q18. Please answer the following questions related to your health. [Cont.]				
p. It seems my health is greatly influenced by accidental happenings				
1	Definitely false..... 25%	19%	18%	15%
2	..... 24%	23%	27%	27%
3	..... 10%	15%	17%	21%
4	Neither false nor true..... 28%	32%	25%	23%
5	..... 8%	6%	8%	9%
6	..... 2%	4%	3%	5%
7	Definitely true ..... 2%	2%	1%	—
q. I can only maintain my health through consulting health professionals				
1	Definitely false..... 18%	17%	16%	13%
2	..... 22%	19%	25%	24%
3	..... 16%	15%	19%	16%
4	Neither false nor true..... 26%	27%	18%	20%
5	..... 6%	12%	14%	13%
6	..... 6%	7%	6%	8%
7	Definitely true ..... 6%	3%	2%	5%
r. I am directly responsible for my health				
1	Definitely false..... 2%	1%	1%	1%
2	..... 2%	1%	1%	1%
3	..... 4%	2%	4%	1%
4	Neither false nor true..... 11%	13%	8%	8%
5	..... 16%	17%	23%	22%
6	..... 30%	33%	35%	34%
7	Definitely true ..... 35%	34%	28%	32%
s. I pretty much stay healthy by taking good care of myself and practicing prevention				
1	Definitely false..... 1%	1%	1%	—
2	..... 1%	1%	1%	1%
3	..... 3%	2%	2%	1%
4	Neither false nor true..... 7%	7%	5%	8%
5	..... 15%	19%	26%	30%
6	..... 35%	36%	41%	34%
7	Definitely true ..... 38%	34%	24%	26%
Q19. What is your employment status?				
	Permanently retired → <i>Continue with Q19a</i> ..... 49%	44%	4%	12%
	Retired but planning to return to work → <i>Continue with Q19a</i> ..... 2%	2%	2%	2%
	Employed full-time or self-employed → <i>Skip to Q19c</i> ..... 34%	40%	86%	54%
	Employed part-time → <i>Skip to Q19c</i> ..... 9%	8%	6%	20%
	Other (specify): ..... 7%	6%	2%	12%

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\* = less than 0.5%; rounds to zero

— = zero (0.0); no cases in this category

+ = nonresponses of 10% or more on this question (reported percentages for all questions omit nonresponses)

n = number of respondents eligible to answer this question

◆ = percentages add to more than 100 because respondents could make more than one response

	Members	Elders	Pastors	Specialized Clergy
Q19a. [If “permanently retired,” or “retired but planning to return to work,”] How many years have you been retired? _____	n=167	n=207	n=23	n=29
1-2.....	9%	11%	71%	52%
3-4.....	9%	10%	10%	7%
5-6.....	11%	11%	5%	10%
7-9.....	15%	12%	14%	7%
10-14.....	19%	25%	—	7%
15-19.....	16%	19%	—	14%
20-24.....	15%	10%	—	3%
25 or more.....	7%	3%	—	—
Mean.....	12.5	10.9	2.3	5.8
Median.....	10.0	10.0	1.0	2.0
Q19b. What is your retirement living situation? (Check only <i>one</i> .)	n=167	n=207	n=23	n=29
I live in my own home.....	90%	95%	96%	93%
I live with my grown children in their home.....	1%	—	—	7%
I live independently in a retirement community.....	9%	4%	4%	—
I live in an “assisted living” condo or apartment.....	—	1%	—	—
Q19c. <i>If employed</i> : When do you plan to permanently retire?	n=139	n=221	n=364	n=155
Within 5 years.....	12%	20%	14%	21%
Within 5-10 years.....	29%	25%	20%	21%
More than 10 years from now.....	33%	29%	46%	32%
I am uncertain about when I might retire.....	22%	19%	15%	14%
I plan never to retire.....	4%	7%	5%	12%
Q19d. How do you plan to spend your retirement?				
a. Pursuing another career after I retire from my current one	n=139	n=221	n=364	n=155
Disagree.....	76%	74%	75%	63%
Agree.....	24%	26%	25%	37%
b. Continuing work because I continue to need income from some type of paid employment even after reaching retirement age	n=139	n=221	n=364	n=155
Disagree.....	60%	56%	47%	47%
Agree.....	40%	44%	53%	53%
c. Engaging in a significant amount of volunteer work after I retire	n=139	n=221	n=364	n=155
Disagree.....	28%	24%	21%	22%
Agree.....	72%	76%	79%	78%
d. I have always worked hard and plan to focus on leisure and travel after I retire	n=139	n=221	n=364	n=155
Disagree.....	49%	58%	64%	70%
Agree.....	51%	44%	36%	30%

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	<b>Members</b>	<b>Elders</b>	<b>Pastors</b>	<b>Specialized Clergy</b>
Q19d. How do you plan to spend your retirement? [Cont.]				
e. I plan to volunteer and engage in leisure activities and travel after I retire	n=139	n=221	n=364	n=155
Disagree.....	12%	15%	14%	21%
Agree .....	88%	85%	86%	79%
Q20. Please use this space for additional comments.				
[Not tabulated]				
Response form:				
Paper .....	83%	86%	75%	77%
Web.....	17%	14%	25%	23%

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