



# Ministry Leader Formation Cohorts

"We become what we practice. Practices shape and change our lives. God is using our changing lives for the transformation of the world. Salvation is about the transformation of lives, relationships, communities, peoples, nations and Creation."

From <https://8habits.org/preamble/>

## Theology, Formation & Evangelism (TFE) is piloting the following cohorts for 2021-22

### *Spiritual Practices*

Have you ever wanted to explore spiritual practices/ disciplines and you couldn't find time? Are you searching for a community in which to practice? Do you have questions, ideas, challenges around spiritual practices? Would you like to try new spiritual practices, return to old ones, or find an adaptation to one that might work for you?

If you answered "yes" to any of the above questions, have other questions, hesitations, or if you are just curious, this may be the cohort for you.

Spiritual Practices Ministry Leader Formation Cohort is a 3-month cohort via zoom. Bi-weekly, a facilitator will guide participants in a spiritual practice in webinar mode with space to ask questions, via chat, which will be responded to offline or in the next session. On alternate weeks, participants will gather to practice independently, followed by open time in breakout rooms to reflect, share, and respond to their experience. This cohort is open, which means participants can come to any, every, or some sessions as their schedule allows. We do ask that you plan to attend both sessions related to a specific practice.



### *Bringing Into Focus*

Bringing Into Focus Ministry Leader Formation Cohort provides tools and reflection to support ministry leaders in making deep connections between personal and ministerial vision, purpose, and action as it relates to the Matthew 25 vision and foci.

### *Anti-Racism as Spiritual Practice(s)*

Spiritual practices help us live into our values, relationships, and commitments more intentionally. Join us as we explore how they might help us to live more fully into one *Matthew 25 focus*:  
*Dismantling Structural Racism.*



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TFE Shared Identity Cohorts bring self-identified ministry leaders together to create safe space to be their full selves and to bring their full selves to the ministries they lead.

### *Black Women in Ministry Leadership*

This is a shared identity cohort aimed at healing and support on the spiritual/ soul level. We will hold space for one another to be authentic, share sorrows and successes, hear and be heard, affirm and encourage one another, and hold one another accountable and in sisterhood.

TFE Topical Cohorts connect ministry leaders around a topic of shared interest.

### *The 9 Essentials of Spiritual Health*

This topical cohort is based on the ground-breaking spiritual health model and assessment, God-Personal-Social or simply GPS. Participants will take the GPS Spiritual Inventory, which assesses a person's depth of relationship with God, level of self-differentiation, and capacity for empathy. The curriculum will guide participants to develop each of the 9 essential competencies of spiritual health: trust in God, communication with God, nearness with God, forgiveness, emotional regulation, vulnerability, listening to others, feeling what others feel, and responding with loving action. After working through the program, the participants will be invited to take the GPS Inventory again to see the movement in each of the essential competencies of spiritual health.

\*\*Once accepted into this cohort, participants will be responsible for the cost of completing the initial GPS Spiritual Inventory online.

For more information go to [www.soul-metrics.com](http://www.soul-metrics.com).

TFE REvangelism Conference Connection Cohorts extend conversations and connections, pre and post conference, to support participants in going deeper with themselves, with others, in ministry, and in community (cohort and beyond ministry context).



Using the 8 Habits of Evangelism resource, these Cohorts will explore habits of loving God, neighbor, and earth; the wholeness of God: cultivating encounter, healing, and wellbeing through relationships with God, one another, and community.

This is an invitation to go more deeply into the love of God, loving ourselves, loving others, and finding belonging through the 8 Habits of Evangelism. This is an opportunity for transformation that will extend beyond ourselves and our ministries into the lives and experiences of others.

This is an opportunity to listen, reflect, share, accept, challenge, support, grow, and transform, with other ministry leaders. Conference registration information available at [REvangelism Conference](#).

[Apply here for any of these Ministry Leader Formation Cohorts!](#)



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