In Matthew 25 (and elsewhere), Jesus confronts the tendency to rank and sort people into systems that elevate some and diminish others as if all were not equally loved and precious in the eyes of the creator.

Mental health status (like race, gender, class, religion, ethnicity, etc.) is one of the ways people can experience unearned privilege, or encounter ‘othering,’ stigma, and marginalization that increase pain and isolation.

Mental health ministry happens in communities that nurture authenticity, know how to respond when someone is in crisis or pain and ‘walk alongside’ with healthy boundaries, recognizing our common humanity and gifts, whatever our mental health status.

Presbyterian Mental Health Network (PMHN)
- promoting mental health ministries, facilitating connections, networking & model-sharing

Grant Program
- generating models & leadership

Resourcing
- information, tools, website & curated resource collections, fielding inquiries

Partnering with Presbyterian Mental Health Network

PCUSA Mental Health Ministry
- www.pcusa.org/mentalhealth
Mental Health Ministry

Nurturing healthy relationships and mental-health aware community, ending stigma.
Capacity to respond when someone is in crisis or pain
Capacity to walk alongside with healthy boundaries in ministries of presence, accompaniment, companionship
Awareness of trauma and its impacts
Informed by context and culture

COVID-19
Structural racism
Systemic poverty

Resilience, hope and healing

Adverse Mental Health Impacts
Mental Health Ministry through a Matthew 25 Lens

Dismantling structural racism
- Five grant projects addressing mental health in BIPOC communities
- Curated collection of online resources on intersection of race and mental health

Ending systemic poverty
- Two grant projects addressing intersections of mental illness/substance use, homelessness, stigma.

Congregational Vitality
- 21 grant projects generating models and leadership in mental health ministry.
- Resourcing to support congregations addressing mental health.