

SDOP Technical Assistance Grant Application

Project: The Mental Health Justice Team

Amount Requesting: \$3000.00

Goal: We would like the majority of our core team to be people currently living in Specialized Mental Health Rehabilitation Facilities (SMHRFs) which means we would need to bring in 10 new consistent leaders.

Background: Currently, we have a number of members who have lived in SMHRFs in the recent past (which drives our passion to change things in SMHRFs and why we chose our current campaign), but currently aren't residents.

Plan for Implementation: We plan to do this through our Outreach Subgroup led by Sam Wickham and Fred Kinsey which includes about six other team members as well. The Outreach Subgroup is reaching into the SMHRFs and community organizations where SMHRF residents received services to connect with them about our work.

We think it would be especially beneficial to have a training catered for people living in SMHRFs because often times our trainings fall at hours when SMHRF residents are not allowed to leave their facilities. Additionally, this gives us the opportunity for more current Team members to share their own experiences of living with mental illness and living in SMHRFs.

The key trainings that we will focus on for people living in SMHRFs:

Introduction to Community Organizing and Structural Change—introducing the idea of changing systems rather than providing direct service

- Self-Interest and Story of Self—learning to self-advocate and tell our own stories
- 1-1 Relational Meetings—learning to build relationships with other individuals in the community so that we can work together to build power and make the change we want to see
- Mapping Our Connections—reflecting on what networks we each have in the community which helps us to figure out who we should be having 1-1s with
- Cutting Problems into Issues—learning how we choose which campaigns to work on by cutting big, overwhelming problems into concrete, winnable issues
- Political Education 101—diving back into the civics lessons we all learned in elementary school to understand who is currently making the decisions that are affecting our lives and how we can impact them

Outcome: We will have at least 10 new individuals who are currently living in SMHRFs regularly attending our core Mental Health Justice Team Meetings (attending at least every-other month). All 10 core leaders and 20 peripheral leaders from SMHRFs will have been trained in the basic elements of community organizing and self-advocacy by the end of 2017. The SMHRF leaders will take a front seat in the campaign offering testimonies, facilitating meetings, and recruiting others to join in the work.

TIMELINE FOR 2017

First Quarter 2017:

- Monthly Outreach Subgroup Meetings
 - Outreach Team does 3-8 outreach events to SMHRF residents in the quarter
 - Outreach Team reaches out for follow up 1-1s with everyone (SMHRF residents) they meet through outreach, succeeds in getting at least two 1-1s/outreach event
 - Invite the SMHRF residents to join in monthly Mental Health Justice Team Meetings
- Do first SMHRF Resident Organizing Training likely in March (goal is 8 SMHRF residents in the room being trained)
 - Leading up to training, outreach subgroup will pitch the training at all outreach events
 - Topics trained on will be: Introduction to Community Organizing and Structural Change, Self-Interest and Story of Self, 1-1 Relational Meetings
 - Trainers are all current members of MHJ Team
 - All attendees encouraged to join for next month's MHJ Team Meeting
- Monthly MHJ Team Meeting
 - SMHRF residents are welcomed to the meeting and invited in full participation
 - By end of 1st Quarter, SMHRF residents will start taking official roles in facilitating the meeting
- New SMHRF residents involved in MHJ Team participate in ONE Northside's Membership Council Meeting

Second Quarter 2017

- Monthly Outreach Subgroup Meetings
 - Outreach Team does 5-10 outreach events to SMHRF residents in the quarter
 - Outreach Team reaches out for follow up 1-1s with everyone (SMHRF residents) they meet through outreach, succeeds in getting at least two 1-1s/outreach event
 - Invite the SMHRF residents to join in monthly Mental Health Justice Team Meetings
- Second Level Training for SMHRF Residents facilitated by experienced MHJ Team members (goal 8 SMHRF residents in the room being trained)
 - Topics Trained on: Mapping Our Connections, Cutting Problems into Issues, Political Education 101
- Monthly MHJ Team Meeting
 - SMHRF residents are welcomed to the meeting and invited in full participation
 - Throughout 2nd Quarter, SMHRF residents begin to chair meetings and help in the agenda creation process
- SMHRF residents participate in ONE Northside's Membership Council—SMHRF residents leads presentation on MHJ Campaign update to full membership

Third Quarter 2017

- Monthly Outreach Subgroup Meetings
 - Outreach Team does 5-10 outreach events to SMHRF residents in the quarter

- Outreach Team reaches out for follow up 1-1s with everyone (SMHRF residents) they meet through outreach, succeeds in getting at least two 1-1s/outreach event
 - Invite the SMHRF residents to join in monthly Mental Health Justice Team Meetings
- Offer the First Level Training for SMHRF Residents who didn't participate the first time (goal is 8 SMHRF residents in the room being trained)
 - Goal is to have 1-2 consistent SMHRF leaders who have been through this training already help to facilitate the training
 - Topics trained on will be: Introduction to Community Organizing and Structural Change, Self-Interest and Story of Self, 1-1 Relational Meetings
- Monthly MHJ Team Meeting
 - SMHRF residents are welcomed to the meeting and invited in full participation
 - SMHRF residents continue to chair meetings and help in the agenda creation process
- SMHRF residents participate in ONE Northside's Membership Council—SMHRF residents (1 person from the first 2 quarters and 1 newer leader from this quarter) leads presentation on MHJ Campaign update to full membership

Fourth Quarter 2017

- Monthly Outreach Subgroup Meetings
 - Outreach Team does 5-10 outreach events to SMHRF residents in the quarter
 - Outreach Team reaches out for follow up 1-1s with everyone (SMHRF residents) they meet through outreach, succeeds in getting at least two 1-1s/outreach event
 - Invite the SMHRF residents to join in monthly Mental Health Justice Team Meetings
- Offer Second Level Training for SMHRF Residents for those who didn't participate the first time (goal 8 SMHRF residents in the room being trained)
 - Goal is to have 1-2 consistent SMHRF leaders who have been through this training already help to facilitate the training
 - Topics Trained on: Mapping Our Connections, Cutting Problems into Issues, Political Education 101
- Monthly MHJ Team Meeting
 - SMHRF residents are welcomed to the meeting and invited in full participation
 - SMHRF residents continue to chair meetings and help in the agenda creation process
- Invite SMHRF residents who have been through training to attend ONE Northside's Organizing 101 Training (4 sessions in total spread over 4 weeks)—goal is to have 4 SMHRF leaders take part
 - Topics Trained on: Power, Self-Interest Deep Dive, Building Effective Public Relationships, Qualities of a Leader & Building a Base, Effective Meetings, Structural Racism, Building Money Power, Agitation, Dominant Narrative, Turning Problems into Issues, Campaigns & Tactics
- SMHRF residents participate in ONE Northside's Membership Council—SMHRF residents (1 person from the first 3 quarters and 1 newer leader from this quarter) leads presentation on MHJ Campaign update to full membership