



# Food Relief Activities

Ideas for your congregation, conference, youth, or mission trip

Your group can help feed the hungry, as Jesus calls us to do in Matthew 25. The Presbyterian Hunger Program's mission is to alleviate hunger and eliminate its causes in the United States and around the world. Our partners have shared that instead of international food packaging programs, there are ways that we can better support their food security efforts; so we suggest that groups who wish to participate in food packaging events consider those that benefit communities nearby. Thank you to those who are loving your neighbors near and far in tangible ways, serving Christ with energy, creativity and passion.

## Help meet needs globally



Help provide **Moringa Trees**, support **small farmer projects**, and provide **tools, animals, and agricultural assistance** for communities around the world. Instead of receiving only a meal, communities will be able to grow their own solutions. Give to H999999 at [www.pcusa.org/hunger](http://www.pcusa.org/hunger).



Prepare **Hygiene Kits, School Kits, and Clean-up Kits** for people impacted by poverty or disasters. Learn more about the Church World Service Kits at [www.pcusa.org/gohkits](http://www.pcusa.org/gohkits).

## Help meet needs in your community

First find out what the needs are, and then consider how your group can help make a difference.

### Local Opportunities to Serve

- Find your local food bank; ask what items they need and how much they can handle.
- Join with a local group or agency that hosts a backpack program. Fill backpacks with food or school supplies to help local children in need.
- Help with a hot meal program, sack lunch distribution, meal delivery service, food pantry, or summer student food program.
- Start something! As we serve our neighbors who are hungry, we serve Christ.



Clarksville Presbyterian Church, WV

### Food Collections

- Sponsor a "Super Bowl Sunday" collection of canned soup and funds for local hunger projects.
- Announce a door-to-door collection, leaving cards with your church information and the name of the food bank or pantry that contributions will support.
- Collect an offering of food staples or other needed items during worship time.
- For a church event or particular conference session, charge an "admission fee" of non-perishable foods.
- Grow and share fresh produce from a community garden; or help identify gleaning opportunities.

### Other Ideas

- Help connect community members with community supported agriculture opportunities; or help a local family farm with harvesting, gleaning fields, or caring for the land that helps feed the hungry.
- Collect small gift cards for groceries, gas or restaurants to hand out (in gift card holders with your church information on it) or donate to a local food bank.

### Helpful Links

- Multi-generational fund-raising and food collections ideas – [www.pcusa.org/centsability](http://www.pcusa.org/centsability)
- Care kits for people in your community – examples at [www.bit.ly/care-kits](http://www.bit.ly/care-kits)
- Find your local food bank – [www.feedingamerica.org/find-your-local-foodbank/](http://www.feedingamerica.org/find-your-local-foodbank/)
- Start a backpack program – <https://bit.ly/backpack-prog>
- Meals on Wheels – [www.mealsonwheelsamerica.org/signup](http://www.mealsonwheelsamerica.org/signup)
- Souper Bowl – [www.tacklehunger.org](http://www.tacklehunger.org)



[www.pcusa.org/hunger](http://www.pcusa.org/hunger)